# Ctop deals.

JUN 15 - JUN 28, 2022

### summer refreshment

Summer and lemonade go together perfectly, and Santa Cruz Organic Lemonade is a thirst-quenching must-have when the temps heat up. It's on sale at the co-op, so get yours today, throw

in some ice cubes and



2/\$4
Santa Cruz
Organic Lemonade
32 fl. oz., selected varieties



2/\$4 Vita Coco Coconut Water 16.9 fl. oz., selected varieties



2/\$6

Kettle Brand
Organic Potato
Chips
5 oz., selected varieties



3.99
Nancy's
Organic Yogurt
32 fl. oz., selected
varieties



7.49
Nature's Path
Organic Cereal
23.8-32 oz., selected
varieties



7.99
Beyond Meat
Beyond Beef
16 oz.



9.99
California Olive
Ranch
Extra Virgin Olive
Oil
25.4 fl. oz.



Find summer refreshment at the co-op.

Celebrate summer.

# build a better breakfast

Organic Valley has your mornings covered with farm-fresh taste and nutrition. Choose creamy and delicious Grassmilk Half and Half or Creamer for your favorite brew and protein-packed egg whites to fuel your day.



2.79
Organic Valley
Grassmilk Half
& Half
1 pint



3.99 Organic Valley Creamer 25.4 fl. oz., selected varieties



4.99
Organic Valley
Pasteurized Egg
Whites
16 fl. oz.



4.99
Organic Valley
Grassmilk
64 fl. oz., selected
varieties



5.49
Chobani
Greek Yogurt
32 oz., selected varieties



Redwood Hill Farm
Goat Milk Kefir
32 fl. oz., selected varieties



The Greek Gods
Greek Yogurt
24 oz., selected varieties



4.79
Mt. Vikos
Organic Feta
Cheese
6 oz., selected varieties





3.99
Rumiano
Organic Cheese
8 oz., selected varieties

Healthy breakfast options are at the co-op.



**5.49** 

Earth Balance
Organic Whipped
Buttery Spread
13 oz.



# humane, regenerative, sustainable

No corn, no grain, just grass is used to feed Maple Hill cows...100% grass-fed is organic — plus the promise of happy cows that eat what nature intended.

5.49

Maple Hill
100% Grassfed Organic Milk
64 fl. oz., selected varieties



3.99 Chobani Oatmilk 52 fl. oz., selected varieties





3.99
Miyoko's
Creamery
Organic Cultured
Vegan Butter
8 oz., selected varieties

## Greek-style feta cheese



Feta cheese has been a staple of Greek cuisine for millennia. We make ours with non-GMO, organic cow's milk, which gives the cheese a tangy, salty, slightly sour flavor.

4.99

Organic Valley Feta Cheese



2/\$7
Koia
Protein Drink
12 fl. oz., selected varieties

Delicious dairy is at the co-op.

# delight in \ every bite

Whether you're hosting family dinner, helping to plan a potluck or packing a picnic, plant-based can be a delicious fit for your lifestyle! At Daiya, we're committed to making sure everyone can eat freely. Peace of mind starts by knowing our plant-based foods are free from the eight most common allergens.







3.79

Daiya **Cutting Board** Shreds 7.1 oz., selected varieties

Daiya Deluxe Cheezy Mac 10.6-10.9 oz., selected varieties

6.99

Daiya Thin-Crust Gluten-free Pizza 13.8-19.4 oz., selected varieties

no sugar adde salted caramel cluster

thoughtfully crafted deliciousness

> We believe in nourishing people and the planet. And we are proud to use our brand as a force for good.

So Delicious Dairy-free Frozen Dessert

1 pint, selected varieties





Clean Cause **Organic Sparkling** Yerba Mate 16 fl. oz., selected varieties



1.69

Organic Millet per pound in bulk 2.49

Organic Split Red Lentils per pound in bulk

5.49

Organic **Turkish Apricots** per pound in bulk







Find all your favorites at the co-op.



2.19

Koyo Organic Udon 8 oz., selected varieties



2/\$6 Que Pasa Organic Tortilla Chips 11 oz., selected varieties



# simple plant-based

Hilary's Eat Well is made with simple plantbased ingredients like ancient-grain millet, whole veggies and fava bean protein that are always free from the top 12 allergens and Non-GMO Verified, plant based and kosher.

Hilary's

Veggie Burgers

10-11 oz., selected varieties



3.99 Natural Sea Alaskan Pink Salmon 7.5 oz., selected varieties



Sky Valley Sriracha Sauce

18.5 fl. oz.

WOODSTOCK



Nuttzo 7 Nut & Seed **Butter Spread** 12 oz., selected varieties



Woodstock

Organic Mustard

8 oz., selected varieties



Woodstock Organic Ketchup 19.5-20 oz., selected varieties

WOODSTOCK EPPER

Woodstock

5 fl. oz., selected

**Hot Sauce** 

varieties

Woodstock **Organic Pickles** 24 oz., selected varieties

elevate your condiment game

Here at Woodstock®, we celebrate foods that make you feel great about what you buy, eat and serve your family. Our ingredients are simple, satisfying and farmed from sources you can trust.

The co-op has everything for your next BBQ.



Everything you need for a classic campfire treat, on sale now at the co-op!



2/\$5
Endangered Species
Chocolate Bars
3 oz., selected varieties



3.99
Annie's Homegrown
Organic Honey
Grahams
14.4 oz., selected varieties

3.39

Dandies Vegan Marshmallows 10 oz., selected varieties



Summer evenings are better with S'mores.

### **Campfire favorites.**



2/\$5
Garden of Eatin'
Tortilla Chips
5.5 oz., selected varieties



2/\$6
R.W. Knudsen
Simply Nutritious
Juice Blend
32 fl. oz., selected
varieties



2/\$6
Mom's Best
Cereals
14-24 oz., selected varieties



2/\$3 Clif Builders Protein Bars 2.4 oz., selected varieties



Find summer favorites at the co-op.



5.99
Nubian Heritage
Deodorant
2.25 oz., selected varieties



BADGER

ACTIVE
MINERAL
SUNCERE CREAM
MINE AS THE STATE OF THE STATE OF

Badger
Sunscreen
2.9 fl. oz., selected varieties



5.49 Now Vitamin D-3 1,000 IU 180 softgels



16.99
Oregon's Wild Harvest
Organic
Ashwagandha
90 capsules



## cruise into ( summer with savings

Rainbow Light, Natural Vitality and Renew Life are committed to providing high-quality, clinically tested and proven ingredients. Our magnesium supplements, probiotics and multivitamins are designed to fill a need that has not been met. Wherever you are on your wellness journey, we've got you covered!



13.99 Rainbow Light Women's One Multivitamin 60 tablets



Rainbow Light Men's One Multivitamin 60 tablets



18.99
Natural Vitality
Calm Gummies
120 gummies



29.99
Renew Life
Extra Care
Probiotic
30 vegetarian capsules

Thank you for shopping at the co-op!

#### Shop for fresh, delicious, local food at a co-op near you.

#### ALASKA

Co-op Market Grocery & Deli

#### ARIZONA

Food Conspiracy Co-op

#### CALIFORNIA

BriarPatch Food Co-op

Chico Natural Foods Cooperative

Co-opportunity Market

Davis Food Co-op

Feather River Food Co-op

Isla Vista Food Co-op

North Coast Co-op

Ocean Beach People's Organic Food Co-op

Sacramento Natural Foods Co-op

SLO Food Co-op

Ukiah Natural Foods Co-op

#### IDAHO

Boise Co-op

Moscow Food Co-op

#### MONTANA

Community Food Co-op

#### OREGON

Alberta Cooperative Grocery

Ashland Food Co-op

Astoria Co+op

First Alternative Co-op

Food Front Cooperative Grocery

Medford Food Co-op

People's Food Co-op

#### WASHINGTON

Central Co-op

Community Food Co-op

Main Market Co-op

Olympia Food Co-op

Orcas Food Co-op

Skagit Valley Food Co-op

Sno-Isle Natural Foods Co-op

The Food Co-op

to find a food co-op near you, visit us online at: grocery.coop





high-quality organic cold brew

Our mission is to deliver a distinct high-quality brew, intentionally crafted with organic beans for a smooth, bold taste.

7.99

Chameleon Cold Brew Organic Cold-brew Coffee

32 fl. oz., selected varieties





2/\$5
Epic
Bars

1.3-1.5 oz., selected

varieties

Co-ops support products and services that ensure personal and planetary health; a legacy we can be proud to leave generations to come.



