ASHLAND FOOD CO+OP

EST. 1972



Organic Smart Chicken
Boneless Skinless Breast
$8.99 lb
SAVE $3.50/lb



Organic Smart Chicken
Boneless Skinless Thighs
$5.99 lb
SAVE $2.00/lb

SALES FLYER | NOVEMBER 11 TO NOVEMBER 17, 2026

FRESH PRODUCE

Your only Southern Oregon Certified Organic Grocer



ORGANIC
D'anjou Pears
Washington
$1.98 lb
SAVE $1.01/lb
USDA ORGANIC



ORGANIC
Hachiya Persimmons
California
$2.68 ea
SAVE $0.61/ea
USDA ORGANIC



ORGANIC
Satsuma Mandarins
California
$2.98 lb
SAVE $1.47/lb
USDA ORGANIC

Oregon GROWN



ORGANIC
Enterprise Apples
OREGON GROWN!
$1.78 lb
SAVE $1.21/lb
USDA ORGANIC

Oregon GROWN



ORGANIC
Collard Greens
Oregon & Washington
$1.98 ea
SAVE $1.01/ea
USDA ORGANIC



ORGANIC
Mixed Medley Potatoes • 1.5lb Bags
OREGON GROWN!
$2.98 ea
SAVE $2.47/ea
USDA ORGANIC

Oregon GROWN



ORGANIC
Specialty Mushrooms
Oregon & California
20% OFF
USDA ORGANIC



ORGANIC
Broccolini
Oregon & California
$2.68 ea
SAVE $1.57/ea
USDA ORGANIC

ASHLAND FOOD CO-OP | OPEN EVERY DAY 7AM TO 9PM | WWW.ASHLANDFOOD.COOP

GROCERY

coop deals



Brown Cow Yogurt
Plain, Vanilla and Maple
32 oz.
$4.49
SAVE $1.20

NON GMO Project VERIFIED

coop deals



Follow Your Heart Avocado Oil Vegenaise
Vegan Mayo
14 oz.
$5.39
SAVE $2.30

coop deals



Ice Cream for Bears All Flavors
Sweetened with Honey
14 oz.
$6.99
SAVE $1.30

coop deals



Field Day Beans
Black, Pinto, Kidney, Garbanzo
15 oz.
$1.29
SAVE $0.40

USDA ORGANIC

coop deals



Field Day Pasta
All Dried Pasta
16 oz.
2/$3
SAVE $0.98 on 2

USDA ORGANIC

coop deals



Field Day Chicken Broth
Low Salt
32 oz.
$1.59
SAVE $0.90

USDA ORGANIC

coop deals



Field Day Pumpkin
100% Pure Pumpkin
15 oz.
2/$5
SAVE $1.98 on 2

USDA ORGANIC

coop deals



Field Day Pasta Sauce
All Flavors
24 oz.
2/$5
SAVE $1.98 on 2

USDA ORGANIC

coop deals



Field Day Cane Sugar
24 oz.
2/$6
SAVE $1.98 on 2

USDA ORGANIC

BULK



Slivered Almonds
$7.99 lb
SAVE $0.50/lb



Deluxe Mixed Nuts
$12.89 lb
SAVE $1.50/lb



Pachamama 5 Sisters
Medium Roast
$15.99 lb
SAVE $2.00/lb

USDA ORGANIC



Organic Lundberg
Long White and Basmati
$2.79 lb
SAVE $0.50/lb

USDA ORGANIC



IN 2025, WE DONATED
1,920 LBS
OF SMART CHICKEN TO THE
ASHLAND COMMUNITY FOOD BANK!

November 1st through November 30th.

We donate 1 lb of Smart Chicken® for every 10 lbs sold!

Co+op deals

on sale Nov. 4–17

stock up and save

field DAY® organic and natural for less



North American Traditional Indigenous Food Systems (NATIFS) promotes Indigenous foodways education and facilitates Indigenous food access.

Shop Co+op Deals on Field Day products.

For each product sold we'll donate 5¢ to NATIFS!

NORTH AMERICAN TRADITIONAL NĀTIFS INDIGENOUS FOOD SYSTEMS

LAND & SEA



Organic Smart Chicken Boneless Skinless Breast

$8.99 lb

USDA ORGANIC

SAVE $3.50/lb



Smart Chicken Boneless Skinless Thighs

$5.99 lb

SAVE $2.00/lb



Emerald Hills Ground Beef

Not to Exceed 20% Fat

$6.99 lb

SAVE $1.00/lb



Volpi Sliced Meats

All Varieties

3.5-5 oz

$1 OFF

HOUSE-MADE

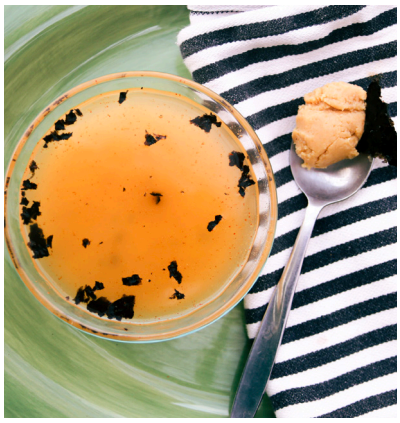
ASHLAND FOOD CO+OP
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Co-op Kitchen Made to Order Miso Cup

16 oz.

$2.45

SAVE $1.50



ASHLAND FOOD CO+OP
EST. 1972

Co-op Kitchen Grab N Go Tempeh Club

VEGAN

$8.95

SAVE $1.00



WHAT IS CO+OP BASICS?

Co+op Basics includes over 450 pantry and household staples. From beef to milk to cereal, we've lowered the price on all these items to make organic, healthy food accessible to every shopper.

LOOK FOR THE PURPLE TAGS TO SAVE!

CO-OP BASICS



Organic Smart Chicken Whole Chicken

$4.49 lb

USDA ORGANIC



Field Day Organic Shoestring Cut Fries

24 oz.

$5.49

USDA ORGANIC



Field Day Organic Coconut Flour

16 oz.

$5.29

USDA ORGANIC



Field Day Vanilla Sandwich Cookies

10.5 oz.

$3.99



Field Day No Salt Added Chunk White Albacore Tuna

5 oz.

$2.99

USDA ORGANIC

Locally Grown
in Talent, Oregon

Hello Shoppers!

LIVE CHRISTMAS TREE

GIVEAWAY!

REGISTER IN THE STORE BY 9PM ON **NOVEMBER 25**

ONE NAME WILL BE DRAWN ON **NOVEMBER 27**

DRAWING BOX LOCATED AT THE DEMO KIOSK.

ASHLAND FOOD CO+OP

EST. 1972

WELLNESS

co+op deals

Alba Botanica Daily Moisturizing Lotion

Fragrance Free
32 oz.

$12.99

SAVE $6.00



Garden Of Life Quercetin Immune

Immune, Respiratc and Skin Health
30 ct.

$16.99

SAVE $6.30



Pranarom All Products

20% OFF



co+op deals

Urban Moonshine Calm Tummy Bitters

Nausea & Upset Stomach Relief
2 oz.

$19.99

SAVE $4.00



co+op deals

Nature's Way Umcka Cold Relief Syrup

Cherry Flavored
4 oz.

$12.99

SAVE $5.50



BRUCE'S PICKS

Upper Five Rosado

100 Miles or Less Local

2025 • 750 ml
100% early picked Tempranillo. Savory notes of orange peel, tomato leaf and bitter herbs, mixed with raspberry and red apple.

$19.99

Demeter Certified Biodynamic



Troon Vermentino

100 Miles or Less Local

2025 • 750ml
So lively and fresh, yet a subtle richness and midpalate weight. Organically and Biodynamically grown, natural winemaking.

$23.99

Demeter Certified Biodynamic

