

OPEN PINT BLUEBERRIES



SALES FLYER | JUNE 24 TO JUNE 30, 2026

FRESH PRODUCE
Your only Southern Oregon Certified Organic Grocer



**ORGANIC
Cauliflower**
Oregon

\$2.24 lb
SAVE \$0.75/lb



**ORGANIC
Radicchio**
Chioggia, Treviso,
Castlefranco

Oregon & California
\$3.89 ea
SAVE \$1.06/ea



**ORGANIC
Broccoli & Purple
Sprouting Broccoli**

Washington & California
\$2.64 ea
SAVE \$1.35/ea



**ORGANIC
Romanesco**

California
\$2.44 lb
SAVE \$1.55/lb



**ORGANIC
Whole Galia Melons**
California

\$2.28 lb
SAVE \$0.71/lb



**ORGANIC
Rainier Cherries**
Washington

\$9.95 lb
SAVE \$3.00/lb



**ORGANIC
Specialty Seedless Grapes**
Candy Snap, Gummy Berry, Jelly Berry
California & Mexico

\$3.99 lb
SAVE \$1.46/lb



**ORGANIC
Whole Honeydew
Melons**
California

\$1.98 lb
SAVE \$0.51/lb





Bitchin' Sauce
Dip and Spread
All Flavors
8 oz

2/\$6.79



GROCERY



Cosmic Bliss
Plant Based Ice Cream
All Flavors
14 oz

2/\$7.69



BOGO

BUY ONE GET ONE FREE!



BOGO

BUY ONE GET ONE FREE!



Brew Dr.
Kombucha
All Flavors
14 oz

2/\$3.99



Beyond Beef
Plant-Based Ground
Meatless Burgers
8 oz

2/\$7.69



BOGO

BUY ONE GET ONE FREE!



BOGO

BUY ONE GET ONE FREE!



Triscuit
Crackers
Original & Thin Crisp
6.5-7 oz

\$4.89

SAVE \$0.70



Kate's
Nutrition Bars
All Flavors
2.2 oz

2/\$5

SAVE \$1.58 on 2



ALO
Aloe Vera Drink
16.9 oz

2/\$4

SAVE \$1.38 on 2



Garden of Eatin'
Tortilla Chips
All Flavors
14 oz

\$4.99

SAVE \$2.30



Mom's Best Cereals
Honey Nut, Raisin Bran,
Wheatfuls
Various Flavors
20-24 oz

\$4.50

SAVE \$0.79



BULK

ORGANIC
Quick Oats
\$1.39 lb

SAVE \$0.30/lb



ORGANIC
Red Lentils
\$2.59 lb

SAVE \$0.40/lb



ORGANIC
Sweetened Cranberries
\$8.89 lb

SAVE \$2.70/lb



Pachamama
5 Sisters
Medium Roast
\$15.49 lb

SAVE \$2.50/lb



coop™ basics

FRESH, HEALTHY,
ORGANIC FOOD
DOESN'T HAVE TO
BE EXPENSIVE!

Field Day Organic Pretzels

Mini Rods and Twists
8 oz

\$2.49



Field Day Organic Tortilla Chips

Yellow and Blue Corn
9 oz

\$2.99



Field Day Organic Pasta Sauce

All Flavors
24 oz

\$3.49



Field Day Organic Pasta

Fusilli, Elbow & Penne
16 oz

\$1.99



Field Day Organic Albacore Tuna

No Salt & Salted
5 oz

\$2.99



Field Day Organic Extra Virgin Olive Oil

33.8 oz

\$19.99



LEARN MORE
— ABOUT —
COOP BASICS



SAVE
\$

**SAVE 10%
OR MORE**

**WHEN YOU SHOP
CO-OP BASICS PRODUCTS!**



ASHLAND FOOD CO+OP

EST. 1972

FRESH SUMMER PRODUCE ON SALE!



ORGANIC Mini Seedless Watermelons

California

\$5.45 ea

SAVE \$1.50/ea



ORGANIC Summer Squash All Varieites

Oregon & Washington

\$2.68 lb

SAVE \$1.31/lb



ORGANIC Open Pint Strawberries

Oregon & Washington

\$5.95 ea

SAVE \$2.00/ea





LAND & SEA

coop deals



Organic Smart Chicken Boneless Skinless Thighs

\$8⁹⁹ lb

SAVE \$2.50/lb



Volpi Sliced Meats

3-5.5oz

\$1 OFF!

SAVE \$1.00/ea

HOUSE-MADE

ASHLAND FOOD CO+OP

EST. 1972

CO-OP KITCHEN

Third Eye Fresh Juice

Made to Order
16 oz

\$7⁹⁵

SAVE \$1.00



coop deals

Niman Ranch Sausages

All Varieties
12 oz

\$6⁹⁹

SAVE \$2.50



coop deals

Applegate Organics Great Hot Dog

10 oz

\$6⁹⁹

SAVE \$1.30



CO-OP KITCHEN

Sesame Ginger Tofu Salad

Grab N Go

\$8⁹⁵

SAVE \$2.00/lb



WHAT IS CO+OP BASICS?

Co+op Basics includes over 300 pantry and household staples. From beef to milk to cereal, we've lowered the price on all these items to make organic, healthy food accessible to every shopper.

LOOK FOR THE PURPLE TAGS TO SAVE!

coop basics

CO-OP BASICS

coop basics

Applegate Organics Chicken Strips

8 oz

\$9⁹⁹



coop basics

Sappo Hill Natural Soap
Multiple Varieties

\$2²⁹ ea



coop basics

Field Day Organic Extra Virgin Olive Oil

16.9 oz

\$10⁹⁹



coop basics

Field Day Organic Balsamic Vinegar

16.9 oz

\$6⁹⁹



coop basics

Field Day Organic Spaghetti Pasta
16 oz

\$1⁹⁹



ROUND UP TO Give Back

CHANGE
for good



ASK YOUR CASHIER TO ROUND UP!



Rescues surplus food from local markets and farmers and redistributes it to local food pantries and shelters to feed our neighbors and reduce landfill waste.

JULY 1 TO 31

coop deals

Acure Brightening Facial Scrub
For Dullness
4 oz
\$7.29

SAVE \$3.50



WELLNESS

coop deals

Quantum Digital Blue
Eye Health
60 count

\$19.49

SAVE \$5.80



Oregon Soap All Products
20% off



coop deals

Zhou D3 & K2 Gummies
5000 IU D3 & 90MCG K2
60 count

\$16.99

SAVE \$2.80



Terry Naturally All Products

20% off

BRUCE'S PICKS

Ashland Food Coop Sauvignon Blanc
750 ml

Fresh and light, green apple, citrus, fresh herbs. Grown and bottled by our friends at Schmidt Family Vineyards in the Applegate Valley.

\$10.99



Upper Five Rosado
750 ml

New release, 100% early picked Tempranillo. Savory notes of orange peel, tomato leaf and bitter herbs, mixed with raspberry and red apple.

\$19.99

