



**ASHLAND
FOOD CO-OP**

EST. 1972



**SMART
GIVING**

Helping those in need

SALE FLYER | November 26 to December 2, 2025

IN 2024, WE DONATED
1,800 LBS
OF SMART CHICKEN TO THE
ASHLAND COMMUNITY
FOOD BANK!

**November 1st
through
November 30th.**

**We donate 1 lb of
Smart Chicken®
for every
10 lbs sold!**

FRESH PRODUCE

Your only Southern Oregon Certified Organic Grocer



**ORGANIC
Fuji Apples**
Washington

\$1¹⁸ lb

SAVE \$0.31/lb



**ORGANIC
Clementine
Mandarines**
California

\$2⁶⁹ lb

SAVE \$1.30/lb



**ORGANIC
Fuyu Persimmons**
California

\$2⁶⁹ lb

SAVE \$0.80/lb



**ORGANIC
Bartlett Pears**
Green & Red
Washington

\$1²⁹ - \$1⁸⁹ lb



**ORGANIC
Zucchini**
Mexico

\$1⁸⁹ lb

SAVE \$1.40/lb



**ORGANIC
Chopped Salad Kits**
California

\$5⁹⁵ ea

SAVE \$1.00



**ORGANIC
Red Bell Peppers**
Canada & Mexico

\$3⁸⁹ lb

SAVE \$1.06/lb



**ORGANIC
Cilantro**
California & Mexico

\$1²⁹ ea

SAVE \$0.70



ASHLAND FOOD CO-OP | OPEN EVERY DAY 7AM TO 9PM | WWW.ASHLANDFOOD.COOP

coop
deals

Stahlbush Island Farms Vegetables

Sustainably Grown in the USA
10 oz

2/\$5

SAVE \$1.58 on 2



GROCERY

coop
deals

Celestial Seasonings Herbal Tea

20 bag

2/\$7

SAVE \$2.18 on 2



coop
deals

Field Roast Plant-Based Celebration Roast

1 lb

\$7.99

SAVE \$3.00



coop
deals

Follow Your Heart Organic Vegenaïse

32 oz

\$9.29

SAVE \$3.00



coop
deals

Straus Family Creamery Organic Ice Cream

1 qt

\$8.49

SAVE \$3.00



coop
deals

Napa Valley Naturals Organic Extra Virgin Olive Oil

25.4 oz

\$17.99

SAVE \$5.60



Oregon Chai Organic Chai Tea Latte

Concentrate
32 oz

\$4.29

SAVE \$1.00



coop
deals

Rumiano Organic Cheese Blocks

8 oz

\$4.99

SAVE \$2.00



coop
deals

King Arthur Unbleached All Purpose Flour

5 lb

\$6.49

SAVE \$1.70



coop
deals



Organic Cane Sugar

\$1.99 lb

SAVE \$0.40/lb



coop
deals



Organic Pecans Seasonal

\$11.69 lb

SAVE \$0.80/lb



BULK

coop
deals



Café Mam Decaf Italian

\$14.99 lb

SAVE \$2.00/lb



coop
deals



Deluxe Mixed Nuts Roasted & Salted

\$11.19 lb

SAVE \$1.40/lb



THANKSGIVING HOLIDAY HOURS

NOVEMBER 26
OPEN 7AM TO 9PM

CLOSED
THANKSGIVING DAY

GRATEFUL TO BE YOUR CO-OP



**ASHLAND
FOOD CO+OP**
— EST. 1972 —



*The easiest part of Thanksgiving
starts right here.*



*Skip the stress and savor the good stuff.
Our bakery pies are made from scratch,
perfectly seasonal, and guaranteed
to disappear fast. (Grab two. Trust us.)*



LAND & SEA



**Organic Smart Chicken
Bone-In Thighs**

\$5⁴⁹ lb

SAVE \$1.00/lb



**Smart Chicken
Whole Chicken**

\$2⁹⁹ lb

SAVE \$0.70/lb



**Beeler's
Hickory Smoked
Bacon**

16 oz

\$10⁹⁹

SAVE \$2.00



**Chomps
Jerky Sticks**
All Varieties • 1.15 oz

2/\$4

SAVE \$1.38 on 2

HOUSE-MADE

**ASHLAND
FOOD CO+OP**

EST. 1972

**Co-op Kitchen
Grab-N-Go
Ham & Swiss
on Rye Bread**

\$7⁹⁵ ea

SAVE \$1.00



**ASHLAND
FOOD CO+OP**

EST. 1972

**Co-op Kitchen
Grab-N-Go
Egg Salad**

\$9⁹⁵ lb

SAVE \$2.00/lb



WHAT IS CO+OP BASICS?

Co+op Basics includes over 300 pantry and household staples. From beef to milk to cereal, we've lowered the price on all these items to make organic, healthy food accessible to every shopper.

LOOK FOR THE
PURPLE TAGS
TO SAVE!

**Co+op
basics**



**Emerald Hills
Ground Beef**
Not to exceed 20% fat

\$7⁹⁹ lb



**Field Day
Unsalted &
Creamy
Almond Butter**
16 oz.

\$6⁹⁹

SAVE \$1.00



**Field Day
Organic
Honey Oat
Granola**
12 oz

\$4⁴⁹

SAVE \$0.50



**Field Day
Organic Blueberries**
32 oz.

\$7⁹⁹

SAVE \$2.00



**Umpqua
Organic Whole Milk**
1 Gallon

\$6⁹²



Upcoming Event!

Annual Cookie Party!



Please bring a nonperishable food donation to support the Ashland Community Food Bank.

Each guest receives two cookies (wheat-free available) plus all the frosting and toppings to get creative.

Please reserve a time slot and arrive during your scheduled window.

Bring your family, friends, and holiday spirit—decorate cookies, spread cheer, and help support neighbors in need this season!

FREE

Sat, Dec. 6th | 11am-3pm
Co-op Community Classroom
300 N. Pioneer St.



Sign up/Learn More:
AshlandFood.Coop/Events

**Garden Of Life
All Products**

**15%
OFF**



WELLNESS

**Natural Stacks
All Products**

**20%
OFF**



**Shepard Moon
All Products**

**10%
OFF**



**Ashland
Food Co-op
Oregano
Oil Caps**
Herbal Supplement
60 vcap

\$16.49
SAVE \$1.80



**Herritage
Store
Rosewater
& Glycerin**
Dewy, Radiant
Looking Skin
8 oz

\$9.79
SAVE \$1.00



BRUCE'S PICKS

**Bouvet
Brut**
750 ml
Crémant de Loire, traditional
sprakling wine from France.
Chenin Blanc with a little
Chardonnay, ripe pear and apple
with real elegance.

\$17.99



**Femina
Etna Bianco**
750ml
100% Carricante grown in the
black volcanic soils of
Sicily, 2,100ft elevation, ter-
raced vineyard, Minerality,
elegance, aromatic, bright
acidity.

\$24.99

