

**ASHLAND  
FOOD CO+OP**

EST. 1972

**SAVE  
\$2.96**

**SATSUMA  
AND  
CLEMENTINE  
MANDARINS**

**2 LB BAG  
\$4.99 each**

**SALE FLYER | DECEMBER 4 TO 10 2024**



## FRESH PRODUCE

Your only Southern Oregon Certified Organic Grocer



**ORGANIC  
Opal Apples**  
Washington

**\$1.99** lb

SAVE \$1.00



**ORGANIC  
Blueberries**  
6 oz. • Peru

**\$2.99** ea

SAVE \$0.50



**ORGANIC  
Rio Star Grapefruit**  
Texas

**\$2.64** lb

SAVE \$1.35



**ORGANIC  
Green & Red D'anjou  
Pears**

Green & Red D'anjou Pears

**\$1.88** lb

SAVE \$1.11



**ORGANIC  
Broccolini**  
California

**\$2.76** ea

SAVE \$1.23



**ORGANIC  
Snap Peas**  
Mexico

**\$7.98** lb

SAVE \$2.97



**ORGANIC  
Fingerling Potatoes**  
1.5lb Bag  
Oregon & Washington

**\$3.64** ea

SAVE \$1.31



**ORGANIC  
Bunched Carrots**  
Oregon & Washington

**\$2.99** ea

SAVE \$1.00

**ASHLAND FOOD CO-OP | OPEN EVERY DAY 7AM TO 9PM | WWW.ASHLANDFOOD.COOP**

# GROCERY

coop deals

## Kite Hill Plant-Based Greek Yogurt

Almond & Soy • 5.3 oz.

**2/\$3**

SAVE \$0.98 on 2



coop deals

## Cascadian Farm Organic Potatoes

Select Varieties • 16 oz.

**2/\$8**

SAVE \$3.38 on 2



coop deals



## Siete Grain-Free Cookies

4.5 oz.

**2/\$6**

SAVE \$2.98 on 2

coop deals



## Rao's Soup

15.5 - 16 oz.

**\$4.49**

SAVE \$1.20 - 1.30

coop deals



## Wholesome Sweeteners Organic Brown Sugar

24 oz.

**\$4.49**

SAVE \$1.40

coop deals



## Nature's Path Organic Oatmeal

11.2 - 14 oz.

**2/\$7**

SAVE \$1.78 on 2

coop deals



## Kite Hill Plant-Based Ravioli

9 oz.

**\$6.49**

SAVE \$2.10

coop deals



## Honey Mama's Cocoa Truffle Bars

2.5 oz.

**\$3.99**

SAVE \$1.50

coop deals



## Milton's Organic Crackers

6 - 8.4 oz.

**2/\$7**

SAVE \$0.98 on 2

# BULK

coop deals



## Organic Deglet Noor Dates

Pitted

**\$4.49 lb**

SAVE \$1.50/lb

coop deals



## Organic Black Mission Figs

**\$7.99 lb**

SAVE \$2.30/lb

coop deals



## Pachamama Sunrise Light Roast

**\$11.99 lb**

SAVE \$2.30/lb

coop deals



## Grandy Organics Organic Gluten Free Classic Granola

**\$7.49 lb**

SAVE \$1.50/lb

# ASHLAND FOOD CO+OP

EST. 1972

## GINGERBREAD COOKIE DECORATING PARTY

**DECEMBER 14**  
**11AM TO 3PM**  
**FREE**

300 N. PIONEER ST. ASHLAND, OR

JOIN US IN THE CLASSROOM FOR OUR  
ANNUAL COOKIE CELEBRATION.

Fresh baked cookies, buttercream frosting  
and decorative sweet treats will be provided.

Support Your Local Food Bank and bring a non-perishable  
food item to the cookie party.

**SCAN QR CODE TO FIND OUT MORE OR RESERVE YOUR SPOT!**





BRING HOME  
SOMETHING BEAUTIFUL

**LOCAL, LIVE TREES  
GORGEOUS WREATHS  
& POINSETTIAS**

Live trees are grown in Talent!

coop deals

# LAND & SEA

coop deals

# HOUSE-MADE



**Applegate Naturals Breakfast Sausage Links**  
7 oz.

**\$4.99**

SAVE \$2.00



**Applegate Naturals Turkey Bacon**  
8 oz.

**\$4.99**

SAVE \$1.70

## ASHLAND FOOD CO+OP

EST. 1972

**Co-op Kitchen Bakery Wheat Free Chocolate Chip Cookie**

**\$1.50**

SAVE \$0.75



**Smart Chicken Boneless Skinless Thighs**

**\$5.99 lb**

SAVE \$1.50/lb



**Fresh Columbia River Steelhead Fillet**  
Farm Raised

**\$12.99 lb**

SAVE \$3.00/lb

## ASHLAND FOOD CO+OP

EST. 1972

**Co-op Kitchen Made To Order Mint Mocha**

16 oz.

**\$4.95**

SAVE \$1.00



## WHAT IS CO+OP BASICS?

Co+op Basics includes over 300 pantry and household staples. From beef to milk to cereal, we've lowered the price on all these items to make organic, healthy food accessible to every shopper.

LOOK FOR THE PURPLE TAGS TO SAVE!

coop basics

## CO+OP Basics

coop basics

**Field Day Green Pitted Olives**  
6 oz.

**\$2.99**



coop basics

**Field Day Organic Golden Round Crackers**  
8 oz.

**\$4.99**



coop basics

**Field Day Organic Deluxe Mild Cheddar Macaroni and Cheese**  
6 oz.

**\$1.99**



coop basics

**Field Day Organic Three Cheese Pizza**  
Select Varieties • 15 oz.

**\$7.99**



coop basics

**Field Day Apple Cinnamon Cereal Bars**  
7.8 oz.

**\$3.49**



# ROUND UP TO Give Back

**CHANGE**  
for good



ASK YOUR CASHIER TO ROUND UP!

## ROGUE ACTION CENTER

Rogue Action Center builds and advocates for community power and justice.

DECEMBER  
1 TO 31

## WELLNESS



**Boiron Chestal Kids**  
Chest Congestion, Dry, Fitful Cough  
6.7 oz.

**\$9<sup>99</sup>**

SAVE \$2.50



**Heritage Store Organic Castor Oil**  
Nourishing Treatment • 16 oz.

**\$15<sup>99</sup>**

SAVE \$2.50



**Dr. Hauschka All Products**

**30% OFF**



**Nutrition Now PB8 Probiotic**  
Supports Digestive Health • 60 vcap

**\$11<sup>99</sup>**

SAVE \$3.00



**Nordic Naturals Zero Sugar Melatonin Gummies**  
Supports Healthy Sleep Patterns • 60 gm

**\$14<sup>99</sup>**

SAVE \$5.50

## BRUCE'S PICKS

**Domaine Pral Beaujolais Blanc**  
750 ml  
Bright gold color and aromas of white flower, apple, and exotic fruits with a round, silky texture and lightly nutty finish.

**\$20<sup>99</sup>**



**Quady North Spirit of Solstice**  
750 ml  
Brighten your winter! A lightly fortified blend of local rose wine and holiday spices.

**\$24<sup>99</sup>**

