

# FRESHIE FRESH



**ASHLAND  
FOOD CO+OP**  
EST. 1972

**LEVEL UP WITH OUR  
DELISH PRODUCE!**

*Your citrus fix is in!*

**SALE EFFECTIVE: April 1 to 7, 2020**



**ORGANIC  
Celery**  
California & Mexico  
Reg. \$1.99/lb  
**99¢ lb**



**ORGANIC  
Mini Sweet Peppers**  
Mexico  
Reg. \$3.99/ea  
**\$2<sup>99</sup> ea**



*New Crop!*  
**ORGANIC  
Asparagus**  
California  
Reg. \$4.95/lb  
**\$3<sup>99</sup> lb**



**ORGANIC  
Garnet &  
Jewel Yams**  
California  
Reg. \$2.99/lb  
**\$1<sup>84</sup> lb**



**ORGANIC  
Jumbo  
Honeycrisp Apples**  
Northwest Grown  
Reg. \$1.99/lb  
**\$1<sup>24</sup> lb**



**ORGANIC  
Meyer Lemons**  
California  
Reg. \$3.99/lb  
**\$2<sup>64</sup> lb**



**ORGANIC  
Strawberries**  
California & Mexico  
Reg. \$6.95/ea  
**\$4<sup>98</sup> ea**



**ORGANIC  
Cara Cara  
Navel Oranges**  
California  
Reg. \$1.99/lb  
**\$1<sup>44</sup> lb**

# AFC HOUSE MADE

ORANGE YOU GLAD WE HAVE  
HOUSEMADE GOODIES?



**AFC House-Made  
Made to Order  
ACBC Juice**

16 oz. • Reg. \$6.95/ea

**\$5<sup>95</sup>**  
ea

SAVE  
\$1



**ASHLAND  
FOOD CO+OP**  
EST. 1972



Made by our very own skilled chefs

## IT'S HERE!

### MADE TO ORDER IS ONLINE

You can order fresh juice, coffee, smoothies, burritos, tacos and more!

- 1) Head to [ashlandfood.coop](http://ashlandfood.coop) and click the "Made to Order Online Ordering" image on the front page.
- 2) Browse the Full Menu and select your item, pick-up time, and payment method.
- 3) Head straight to the deli pick-up shelf, and you'll find your item ready to enjoy!



## TRY THIS! Paleo Bowl

## FRESH NUTRITION SERVED BY OUR FRIENDLY TEAM!

During these times of uncertainty, we would like to express gratitude and commitment to our community by supporting you with safe, delicious and wholesome house made meals.

With Gratitude,

*Your Local Coop*



Ashland Food Co-op | Open Every Day 7AM to 9PM | [www.ashlandfood.coop](http://www.ashlandfood.coop)