

# coop deals®

FEB 4 - FEB 17, 2026

## irresistible crunch

Stop in the co-op for some of your favorite snacks — great for parties, study sessions or streaming your favorite shows all weekend long. With plenty of BOGO deals at the co-op, including crisps from the Good Crisp Company, you're sure to find your delicious snacks to munch on.



Buy One, Get One

**FREE**

The Good Crisp  
Potato Crisps

5.6 oz., selected varieties

### INCLUSIVE TRADE PARTNER

Chickapea is a woman-owned company providing nutritious, convenient family meal options using organic chickpeas and lentils in their ingredients.



Buy One, Get One

**FREE**

Chickapea  
Organic Chickpea Pastas  
8 oz., selected varieties



Buy One, Get One

**FREE**

Bobo's  
Oat Bars  
2.5-3 oz., selected varieties



Buy One, Get One

**FREE**

Virgil's  
Sodas  
4 pk.-12 fl. oz., selected varieties



Buy One, Get One

**FREE**

*special offers inside!*







Buy One, Get One

FREE

Lily's  
Baking Chips  
9 oz., selected varieties

INCLUSIVE TRADE PARTNER

Badger is a woman-owned company. We are family-owned and operated and create organic body care products with nourishing nutrients.



Buy One, Get One

FREE

Badger  
Organic Lip Balms  
.15 oz., selected varieties



Buy One, Get One

FREE

Against the Grain  
Gluten & Grain-free Pizzas  
22.4-24 oz., selected varieties



Buy One, Get One

FREE

Jeff's Garden  
Pickled Peppers  
12 fl. oz, selected varieties

COOPERATIVELY OWNED



Buy One, Get One

FREE

Simply Organic  
Seasoning and Dip Mixes  
.53-2 oz., selected varieties



Buy One, Get One

FREE

Bitchin' Sauce  
Almond Dips  
7-8 oz., selected varieties

The co-op has BOGO products you'll love.

Some items may not be available at all stores or on the same days



Buy One, Get One

FREE

Deals at the Co-op!

BOGO

Welcome to BOGO (buy one, get one FREE) deals! You'll find savings on products you love from brands you trust in departments across the co-op. Look for the BOGO deals signs throughout the store.

Green Valley

LACTOSE FREE

3 CHEESE MEXICAN

Deliciously Flavorful

A BLEND OF MONTEREY JACK, CHEDDAR & COLBY CHEESES

1.5 CUPS

SHREDDED CHEESE

Green Valley

LACTOSE FREE

3 CHEESE MEXICAN

Deliciously Flavorful

A BLEND OF MONTEREY JACK, CHEDDAR & COLBY CHEESES

1.5 CUPS

SHREDDED CHEESE

BOGO

Buy One, Get One

FREE

Green Valley Creamery

Lactose-free Cheese

Shreds or Slices

6 oz., selected varieties

LILY'S

SALTED ALMOND

EXTRA DARK CHOCOLATE

STYLE BAR

CHOCOLATE WITH 70% CACAO

NO SUGAR ADDED

130 CALORIES PER CHOCOLATE BAR

NET WT. 2.8 OZ. (79 g)

LILY'S

SALTED ALMOND

EXTRA DARK CHOCOLATE

STYLE BAR

CHOCOLATE WITH 70% CACAO

NO SUGAR ADDED

130 CALORIES PER CHOCOLATE BAR

NET WT. 2.8 OZ. (79 g)

BOGO

Buy One, Get One

FREE

Lily's

Chocolate Bars

2.8-3 oz., selected varieties

ALWAYS ORGANIC

11 WHOLE GRAINS & PER SERVING

GOOD SOURCE ALA OMEGA-3

VEGAN

NATURE'S PATH ORGANIC

GLUTEN FREE

BUCKWHEAT WILDBERRY

6 WAFFLES - NET WT. 7.4 OZ. (210g)

ALWAYS ORGANIC

10 WHOLE GRAINS & PER SERVING

EXCELLENT SOURCE OF ALA OMEGA-3

VEGAN

NATURE'S PATH ORGANIC

GLUTEN FREE

HOMESTYLE

6 WAFFLES - NET WT. 7.4 OZ. (210g)

BOGO

USDA ORGANIC

Buy One, Get One

FREE

Nature's Path Organic

Frozen Waffles

7.4 oz., selected varieties

we believe good food brings us together

stock up & save on BOGO items!

Find great BOGO deals at the co-op.

Some items may not be available at all stores or on the same days





4.99

Talenti  
Gelato or Sorbetto  
1 pt., selected varieties

INCLUSIVE TRADE PARTNER

Tucson Tamale started with a large Mexican American family tradition that now makes award-winning tamales.



5.49

Tucson Tamale  
Tamales  
10-11 oz., selected varieties



2/\$8

Cascadian Farm  
Organic Frozen  
Potatoes  
12-16 oz., selected  
varieties



2/\$8

Cascadian Farm  
Organic Frozen  
Fruits  
8-10 oz., selected  
varieties



2/\$9

Quorn  
Meat  
Alternatives  
8.5-12 oz., selected  
varieties



4.99

Laoban  
Dumplings  
6-8 oz., selected  
varieties



4.99

Alexia  
Frozen Potatoes  
15-19 oz., selected  
varieties



5.99

Smart Chicken  
Boneless &  
Skinless Breasts  
per pound



6.99

Feel Good Foods  
Appetizers  
6-10 oz., selected varieties



8.99

Rao's  
Brick Oven Pizza  
18.3-21.6 oz., selected  
varieties



10.99

Applegate  
Chicken Nuggets  
or Tenders  
16 ounces, selected  
varieties

Find something for everyone at the co-op.

Some items may not be available at all stores or on the same days



dairy-free for  
dairy lovers

Smooth cream cheese, spicy queso dip and rich sour cream, all dairy-free! Sound impossible? That's kind of our thing. Try **Kite Hill** and fall in love with your favorite foods all over again!



**3.79**  
Kite Hill  
Plant-based Dip or Sour Cream  
8 oz., selected varieties



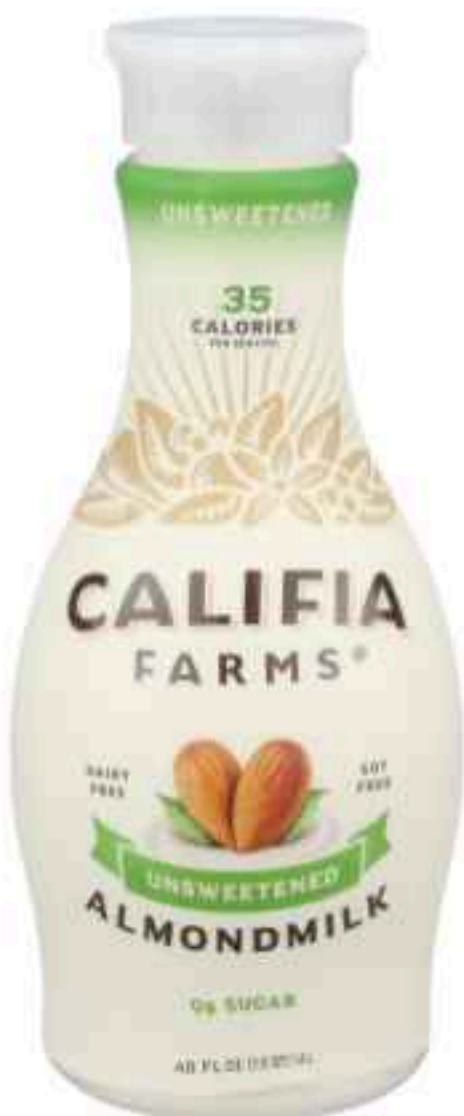
**4.29**  
Kite Hill  
Almondmilk Yogurt  
16 oz., selected varieties



**5.99**  
Kite Hill  
Plant-based Cream Cheese  
8 oz., selected varieties



**2/\$7**  
Koia  
Plant-based Protein Drinks  
12 fl. oz., selected varieties



**4.49**  
Califia Farms  
Almondmilk  
48 fl. oz., selected varieties



**4.99**  
Organic Valley  
Shredded Cheese  
6 oz., selected varieties



**2.79**  
Hail Merry  
Snack Cups  
1.5 oz., selected varieties



**3.49**  
Planet Oat  
Oatmilk  
52 fl. oz., selected varieties



**3.99**  
Oatly  
Barista Edition  
Oatmilk  
32 fl. oz.

The co-op helps you start mornings off right.

Some items may not be available at all stores or on the same days





4/\$5

Chobani  
Greek Yogurts  
5.3 oz., selected varieties



4.49

Chobani  
Oatmilk  
52 fl. oz., selected varieties



4.99

Follow Your Heart  
Original Vegenaise  
14 fl. oz.



2.39

Nancy's  
Organic Sour Cream  
8 oz.



*crafted with less*

Thick, creamy and rich in protein, skyr is the traditional yogurt of Iceland. siggi's skyr is made with simple ingredients and not a lot of sugar.

4.99

Siggi's  
Skyr Yogurt  
24 oz., selected varieties



6.99

Cocojune  
Organic Coconut  
Cultured Yogurt  
16 oz., selected varieties

The co-op has all your morning essentials.

Some items may not be available at all stores or on the same days





4.39

Honey Mama's  
Truffle Bar  
2.5 oz., selected varieties

INCLUSIVE TRADE PARTNER

Nuts for Cheese is an LGBTQIA+- and woman-owned company. Our cheese is crafted from 100% organic cashews, fermented and rich in probiotics with billions of CFUs per serving.

6.49

Nuts for Cheese  
Organic & Dairy-free  
Fermented Cashew  
Product  
4.2 oz., selected varieties



INCLUSIVE TRADE PARTNER



Mother-in-Law's is an Asian-owned company. We are inspired by the beauty of Korea's tradition of handcrafted fermented foods.

7.49

Mother-in-Law's  
Kimchi  
16 fl. oz., selected varieties



3.79

Hodo  
Organic Firm Tofu  
10 oz.



6.39

Grillo's  
Pickles  
32 fl. oz., selected varieties



6.99

Woodstock  
Organic  
Sauerkraut  
16 oz., selected varieties

fizz with benefits

OLIPOP combines the classic soda flavor you know and love with prebiotics, plant fiber and botanicals to support your digestive health. High fiber, less sugar (compared to leading non-diet sodas).

3 / \$6

Olipop  
Prebiotic Sodas  
12 fl. oz., selected varieties



Crave-worthy options are at the co-op.

Some items may not be available at all stores or on the same days





**3.99**  
R.W. Knudsen  
Juice Blend  
32 fl. oz., selected  
varieties

*your favorite plant protein*

Made with simple, organic ingredients, West Life Soymilk offers 9g of plant protein per serving. Certified gluten-free, Non-GMO Project Verified, dairy-free and vegan.



**2/\$8**  
Choice Organics  
Teas  
16 ct., selected varieties

**3.79**  
West Life  
Organic Soymilks  
32 fl. oz., selected varieties



**4.79**  
Nature's Path Organic  
Love Crunch Granola  
11-11.5 oz., selected varieties



**4.99**  
Good Karma  
Flaxmilk  
64 fl. oz., selected  
varieties



**6.99**  
Food for Life  
Organic Cereal  
16 oz., selected varieties

*eggs you love*

No better way to show 'em you love 'em than with goodies from the heart made with ethical eggs.



**6.99**  
Vital Farms  
Pasture-raised Large Eggs  
1 doz.



**Try something new from the co-op today.**

Some items may not be available at all stores or on the same days





**3/\$4** Bob's Red Mill  
Oat Bars  
1.76 oz., selected varieties



**4.49**  
Tazo  
Tea  
15-20 ct., selected  
varieties



**5.49**  
Numi  
Organic Tea  
12-18 ct., selected  
varieties



**6.49**  
Bob's Red Mill  
Organic Flour  
5 lbs., selected varieties



**8.49**  
Artisana  
Organic Raw  
Tahini  
14 oz.



**3/\$5**  
Kind  
Bars  
1.4 oz., selected varieties



**5.39**  
Traditional Medicinals  
Herbal Tea  
16 ct., selected varieties

INCLUSIVE TRADE PARTNER

Catalina Crunch is a diverse-owned brand. Our products satisfy your sweet tooth but aren't loaded with sugar and empty carbs.



**6.99** Catalina Crunch  
Keto Cereal  
8-9 oz., selected varieties

scoop up the savings in bulk!



**1.69**  
Organic Quick  
Rolled Oats  
per pound in bulk



**6.99**  
Organic  
Unroasted  
Whole Cashews  
per pound in bulk



**7.99**  
Organic Medjool  
Dates  
per pound in bulk

The co-op has pantry essentials.

Some items may not be available at all stores or on the same days





**3.99**  
Endangered Species  
Chocolate Bar  
3 oz., selected varieties



**4/\$7**  
Justin's  
Organic Candies  
1.32-1.5 oz., selected  
varieties



**2/\$7**  
Chocolove  
Chocolate Bars  
2.9-3.2 oz., selected  
varieties



**3.99**  
Siete  
Grain-free  
Cookies  
4.5 oz., selected  
varieties



**4.49**  
Siete  
Tortilla Chips  
7.5 oz., selected varieties



**4.49**  
Frontera  
Salsa  
16 oz., selected varieties



**4.49**  
Hu  
Organic Chocolate  
Bar  
2.1 oz., selected varieties



**3.99**  
Pipcorn  
Heirloom Snacks  
4-5 oz., selected varieties



**4.79**  
Loacker  
Wafer Cookies  
7.76-8.82 oz., selected  
varieties



**4.99**  
Kettle Brand  
Potato Chips  
13 oz., selected varieties



**5.39**  
YumEarth  
Organic Candy  
2.5-5 oz., selected  
varieties

**5.49**  
Tony's Choclonely  
Chocolate Bar  
6.35 oz., selected varieties

**Find all your favorite snacks at the co-op.**

Some items may not be available at all stores or on the same days



INCLUSIVE TRADE PARTNER

ALO Drink is an Asian-owned company. We source non-GMO aloe vera plants from sustainable farms in Thailand and provide rural communities with economic value.



2/\$4

Alo  
Aloe Vera Juice  
Drinks  
11.2-16.9 fl. oz., selected  
varieties



2/\$4

Gimme  
Organic Seaweed  
Snacks  
.32-.35 oz., selected  
varieties



2.19

Essentia  
Ionized Alkaline  
Water  
50.7 fl. oz.



2/\$6

Barbara's  
Cheese Puffs  
7 oz., selected  
varieties



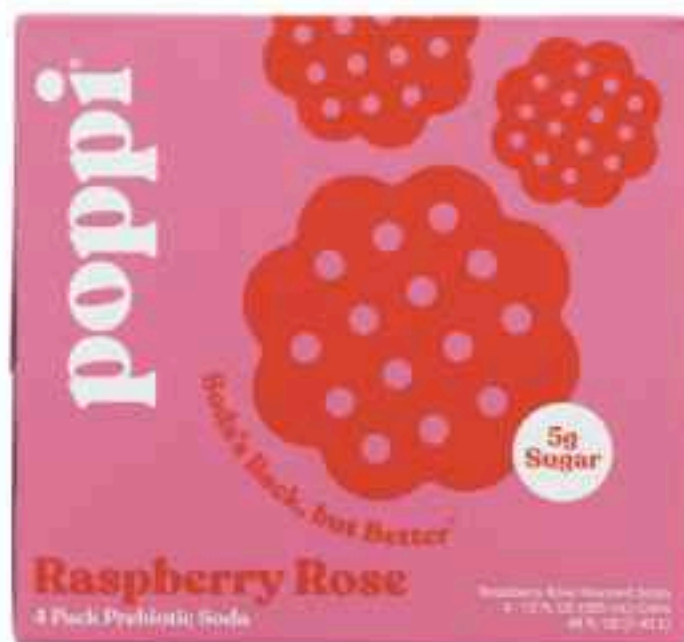
4.99

Quinn  
Filled Pretzels  
5-7 oz., selected varieties



2/\$10

Waterloo  
Sparkling Waters  
12 pk.-12 fl. oz. cans,  
selected varieties



7.49

Poppi  
Prebiotic Soda  
4 pk.-12 fl. oz. cans,  
selected varieties



9.99

Spry  
Chewing Gum  
100 ct., selected  
varieties

leaders in potato chips

Simple ingredients. The crisp and crunch of a classic made better with avocado oil for a uniquely subtle, buttery taste.

2/\$6

Boulder Canyon  
Potato Chips  
5.25-6.5 oz., selected varieties



INCLUSIVE TRADE PARTNER

Archer Jerky is an Asian-owned company. Our jerky and meat sticks offer mouthwatering flavors with sustainability as a priority.



5.99

Archer Jerky  
Beef Jerky  
2-2.5 oz., selected varieties

The co-op has great snacks for movie night.





**3.49**  
Woodstock  
Organic Ketchup  
19.5-20 oz., selected varieties



**3.69**  
Crown Prince  
Oysters  
3 oz., selected varieties

February treats

Whether you're enjoying the big game or fixing dinner for friends and family, Crown Prince Natural provides delicious, sustainably caught seafood for your cooking adventures. Recipes galore at [www.crownprincenatural.com](http://www.crownprincenatural.com) and [youtube.com/CrownPrinceSeafood](http://youtube.com/CrownPrinceSeafood).



**2/\$6**  
Annie's  
Organic Mac & Cheese  
6 oz., selected varieties



*everyday low price*  
**2.49**  
Field Day  
Organic Chicken  
Broth  
32 fl. oz., selected varieties



award-winning EVOO

Our cold-pressed, award-winning extra virgin olive oils (EVOOs) are a kitchen staple. From everyday baking, frying and sauteing, California Olive Ranch brings high-quality EVOO straight from our orchards to your table.

**12.99**  
California Olive Ranch  
Global Blend Extra Virgin Olive Oil  
16.9 fl. oz.



**14.99**  
Dr. Bronner's  
Organic Whole Kernel  
Virgin Coconut Oil  
30 fl. oz.

Quality ingredients are at the co-op.

Some items may not be available at all stores or on the same days





**2/\$6**  
A Dozen Cousins  
Ready-to-Eat Beans  
10 oz., selected varieties



**2/\$4**  
Dr. McDougall's  
Soup Cups  
1.4-3.4 oz., selected  
varieties



**2.69**  
Ancient Harvest  
Organic Polenta  
18 oz., selected varieties



**2/\$6**  
Muir Glen  
Organic Tomatoes  
28 oz., selected varieties



**2/\$7**  
Tasty Bite  
Indian Entrees  
10 oz., selected varieties



**4.99**  
Rao's  
Soup  
15.5-16 oz., selected  
varieties



**5.49**  
San-J  
Organic Tamari  
10 fl. oz.



**7.49**  
Sir Kensington's  
Mayonnaise  
12 fl. oz., selected  
varieties



*udon done right*  
Koyo Udon Noodles can be served in your choice of broth or topped with your favorite protein or vegetables, making them the perfect base for a delicious meal.

**2.49**  
KOYO  
Organic Soba or Udon Noodles  
8 oz., selected varieties




**4.99**  
Woodstock  
Organic Pickles  
24 oz., selected varieties

**The co-op has staples for every night.**

Some items may not be available at all stores or on the same days






**9.49**

Alaffia  
Curl Defining Gel  
8 fl. oz.




**12.49**

Alaffia  
Everyday Coconut  
Shampoo or Conditioner  
32 fl. oz., selected varieties



**12.49**

Alaffia  
Everyday Shea  
Body Wash  
32 fl. oz., selected varieties




**12.49**

Alaffia  
Everyday Shea  
Body Lotion  
32 fl. oz., selected varieties

*rooted in empowerment*


**INCLUSIVE TRADE PARTNER**

Award-winning and Black-owned, **Alaffia** crafts fair-trade personal-care products that uplift West African communities. Our sustainable shea-based formulas — made through women’s cooperatives — nourish hair and skin while advancing equality, empowerment and environmental stewardship with every purchase.




**18.99**

Smartypants  
Organic Kids Multi  
& Omegas Gummies  
120 ct.



**21.99**

Gaia Herbs  
Turmeric Supreme  
60 ct.



**23.99**

Garden of Life  
Organic Elderberry  
Gummies  
120 ct.



**7.99**

Bach  
Rescue Remedy  
Pastilles  
35 ct., selected varieties



**8.99**

Booda Organics  
All-in-One Daily  
Moisturizer  
2.3 oz.



**18.99**

Kal  
Magnesium  
Glycinate 350  
160 ct.



feeling good  
everyday

Tom's works hard to ensure that everything from our ingredients to our packaging is thoughtfully sourced, derived and developed with environmental and social considerations in mind.



3.99  
Tom's of Maine  
Spearmint Floss  
32 yds.



5.99  
Tom's of Maine  
Toothpaste  
4-4.5 oz., selected varieties



5.39  
Tom's of Maine  
Mouthwash  
16 fl. oz., selected varieties



7.99  
Tom's of Maine  
Deodorant  
3.25 oz., selected varieties



6.99  
The Honey Pot  
Organic  
Cotton Tampons  
18 ct., selected varieties



8.99  
HiBAR  
Shampoo or  
Conditioner Bar  
2.7-3.2 oz., selected  
varieties



38.99  
Evanhealy  
Face Moisturizer  
1.4 fl. oz., selected  
varieties

clean home, clean conscience



Convenient disinfectant wipes that kill 99% of bacteria and viruses in one easy step — no rinse required, even on food-contact surfaces and children's toys!

6.99  
Seventh Generation  
Cleaning Wipes  
70 ct., selected varieties



10.49  
Jason  
Body Wash  
30 fl. oz., selected varieties

The brands you trust are at the co-op.

Some items may not be available at all stores or on the same days



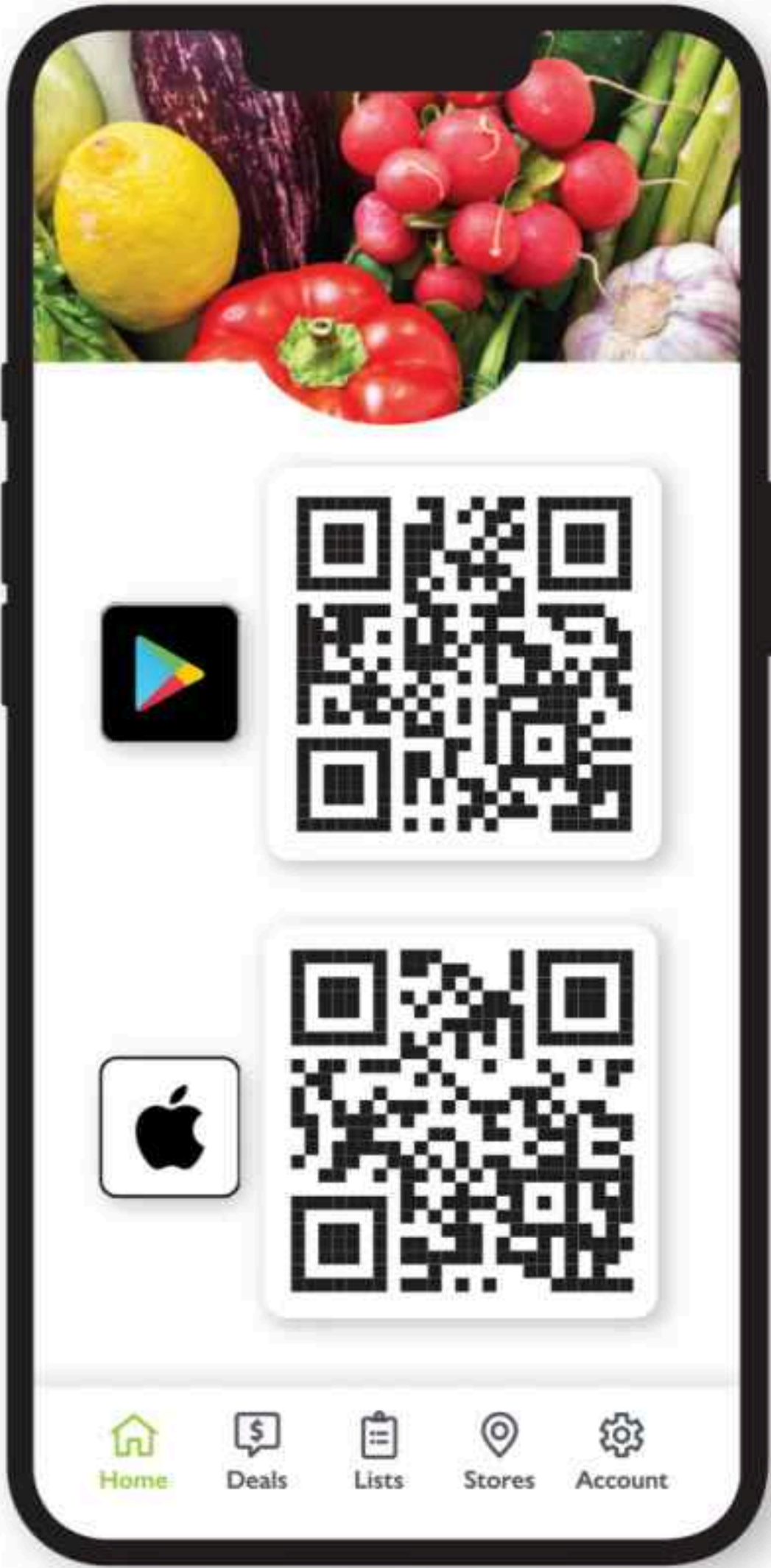
Shop for fresh, delicious, local food at a co-op near you.

- ALASKA
- Co-op Market Grocery & Deli
- ARIZONA
- Food Conspiracy Co-op
- CALIFORNIA
- BriarPatch Food Co-op
- Chico Natural Foods Cooperative
- Co-opportunity Market
- Davis Food Co-op
- Feather River Food Co-op
- Isla Vista Food Co-op
- North Coast Co-op
- Ocean Beach People's Organic Food Co-op
- Placerville Food Co-op
- Sacramento Natural Foods Co-op
- SLO Food Co-op
- Ukiah Natural Foods Co-op
- IDAHO
- Boise Co-op
- Moscow Food Co-op
- MONTANA
- Community Food Co-op

- NEVADA
- Great Basin Community Co-op
- OREGON
- Alberta Cooperative Grocery
- Ashland Food Co-op
- Astoria Co+op
- Coos Head Food Co-op
- First Alternative Co-op
- Medford Food Co-op
- People's Food Co-op
- WASHINGTON
- Central Co-op
- Community Food Co-op
- Main Market Co-op
- Olympia Food Co-op
- Orcas Food Co-op
- Skagit Valley Food Co-op
- Sno-Isle Food Co-op
- The Food Co-op

coop deals

Download the App!



See what's on sale with the Co+op Deals app!

Already an app user? Be sure to update to the latest version on the Apple App or Google Play store.

COOPERATIVELY OWNED

blossom and glow serum

- 6 drops Lavender
- 12 drops Rose in Jojoba
- 1 oz. Organic Castor Oil
- 1 oz. Jojoba Oil

Directions: Add ingredients to a bottle. Replace cap and shake well.

To use: Apply over face and neck, avoiding eyes.



7.69

Aura Cacia  
Lavender  
Essential Oil  
.5 fl. oz.



8.99

Aura Cacia  
Rose Absolute  
in Jojoba Oil  
.5 fl. oz.



3.69

Aura Cacia  
Organic  
Castor Oil  
4 fl. oz.



Buy One, Get One  
FREE

Aura Cacia  
Foam or Mineral  
Bath Packets  
2.5 oz., selected varieties



Scan the QR code to learn more about the quality and values represented by these symbols.



Some items may not be available at all stores or on the same days.



PWNW0226A