# Ctop deals.

DEC 17 - DEC 30, 2025

## gather the snacks

### DIP IT OR TOP IT

If holiday entertaining is stressing you out, just stop by the co-op and find plenty of delicious snacks. Mary's Gone Crackers — a gluten-free and organic choice that pairs well with dips, cheese balls and more — add a nice crunch to all the seasonal snacking. Find them at the co-op while they're on sale.





2/\$6
Mary's Gone Crackers
Organic Original Crackers
4 oz., selected varieties



2/\$6
Angie's
Boomchickapop
Popcorn
4.4-7 oz., selected
varieties



2/\$7
Q Mixers
Drink Mixers
4 pk.-7.5 fl. oz. cans, selected varieties



3.99
Divina
Stuffed Grape
Leaves
7 oz.



Holiday entertaining is easy when you shop the co-op.

Refreshments for the season.



3.99

Green Valley
Organic Lactose-free
Cream Cheese
8 oz.



3.99

Ithaca Hummus

10 oz., selected varieties

### great rich taste

Light, creamy, and packed with rich flavor — this vegan, organic butter alternative is non-GMO, gluten-free, and dairy-free with just 80 calories per serving. It's perfect for cooking, baking, or spreading.

5.99

Earth Balance

Organic Whipped Buttery Spread

13 oz.





4.49

Silk
Plant-based
Creamer
32 fl. oz., selected
varieties

### COOPERATIVELY OWNED



4.99

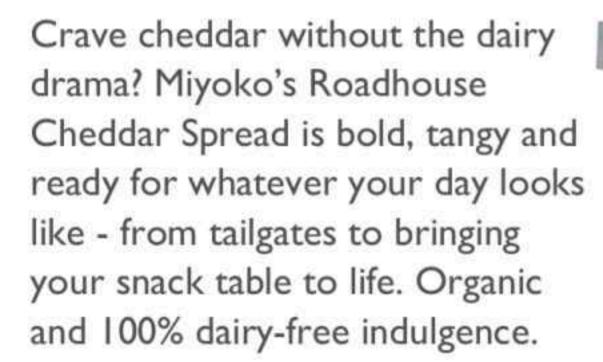
Kerrygold
Pure Irish Butter
8 oz., selected varieties



5.49
Mt Vikos
Feta Cheese
6 oz., selected

varieties

### game on, cheddar fans





5.49

Miyoko's Creamery Organic Plant Milk Cheese Spread

8 oz., selected varieties



5.49
Immaculate
Organic
Cinnamon Rolls
17.5 oz.



7.69
Straus Family
Creamery
Organic Greek
Yogurt
32 oz., selected varieties

Dairy and nondairy options are at the co-op.

### must-taste cheeses

#### COOPERATIVELY OWNED

From our aged parmesan to our award-winning Raw Sharp Cheddar, our cheeses will make any meal sing. All made with organic milk from pasture-raised cows for that incredible taste people have come to know and love.



Organic Valley Shredded or Grated Parmesan Cheese 4 oz., selected varieties



4.49

Organic Valley Shredded Cheese 6 oz., selected varieties



5.49

Organic Valley Raw Block Cheese 8 oz., selected varieties



6.99

Organic Valley American Cheese

11 oz., selected varieties



### live probiotics

Enjoy the benefits of both PRO and PRE-biotics in a delicious-bubbly-onthe-go can of ORGANIC KEVITA Sparkling Refreshers or bottle of Master Brew Kombucha.

KeVita Organic Sparkling **Drinks** 

12 fl. oz. can, selected varieties



San Pellegrino Italian Sparkling Drink

6 pk.-11.15 fl. oz. cans, selected varieties



5.99

Wildbrine Organic Sauerkraut 18 oz., selected varieties



**Bubbies** 

Pickles or Pickle Chips

33 fl. oz., selected varieties





8.99

Organic Prairie Summer Sausage 12 oz., selected varieties

Fill the fridge with variety from the co-op.



2/\$8 Cascadian Farm Organic Frozen Potatoes 12-16 oz., selected varieties



**4.99**Talenti

Gelato or Sorbetto

1 pt., selected varieties

### **INCLUSIVE TRADE PARTNER**

Tucson Tamale started with a large Mexican-American family tradition and now makes award-winning tamales.



5.49

Tucson Tamale Tamales

10-11 oz., selected varieties



2/\$7
Van's
Frozen Pancakes
or Waffles
8-12.4 oz., selected

varieties



5.49
Ben & Jerry's
Ice Cream or
Non-dairy Dessert
14.4-16 fl. oz., selected
varieties



6.49
Feel Good Foods
Appetizers
9-10 oz., selected varieties

### pasta perfected

Mealtime has become practically effortless with Woodstock's Organic Frozen Pastas. Choose your favorite shape or filling and pair with any toppings you prefer. The possibilities are endless and delicious!





7.99

Woodstock
Organic Frozen Pasta
20 oz., selected varieties

INCLUSIVE TRADE PARTNER

Deep Indian Kitchen is owned by a thirdgeneration Indian American family. We pride ourselves on being an authentic, restaurant-quality brand. All items are family recipes made from scratch.



5.49

Deep Indian Kitchen Samosas

7.5-12 oz., selected varieties

Find dinner and dessert at the co-op.



2/\$6 **Pacific Foods** Plant-based Beverages 32 fl. oz., selected varieties



3.99 Bionaturae Organic Fruit Nectar 25.4 fl. oz., selected varieties



delicious by nature

With a deep-rooted belief that nature makes it good, Nature's Path makes it taste great. We show our love for food and planet through commitments to alwaysorganic, sustainable ingredients!

### Nature's Path Organic Cereal

9.5-14 oz., selected varieties



5.69 Bonne Maman Fruit Curd or Spread 12.7-13 oz., selected varieties







Indulge in the delicious taste, soft texture and large slices; you won't believe it's gluten-free bread.

Udi's Gluten Free Sandwich Bread

12 oz., selected varieties



everyday low price 18.99 Field Day



Delicious food is at the co-op.



3.69

Bionaturae

Organic Tomatoes 24-28.2 oz., selected varieties





3.29
Native Forest
Organic Young
Jackfruit
14 oz., selected varieties



15.99

Spectrum
Organic Extra Virgin
Olive Oil
25.4 fl. oz.



4.49
Pacific Foods
Organic Soup
32 fl. oz., selected
varieties



6.99
Sir Kensington's
Mayonnaise
12 fl. oz., selected varieties



### holiday entertaining

Naturally smoked oysters are hand packed in pure olive oil at the peak of freshness, providing the flavor you expect. Try these in dips, chowders, sauces and your favorite recipes.

2/\$7

Crown Prince
Oysters

3 oz., selected varieties





4.99

Maille
Mustard
7-8.9 oz., selected varieties

Try something new from the co-op.



2/\$7
Dandies
Marshmallows
10 oz., selected varieties



6.49
Enjoy Life
Baking Chips
9 oz., selected varieties



6.49
King Arthur
Baking Company
Unbleached Allpurpose Flour
5 lbs.



9.99
Navitas Organics
Unsweetened
Cacao Powder
8 oz.





15.99
Pamela's
Gluten-free
Pancake & Baking
Mix
4 lbs.

# exceptional flavor, responsibly sourced

### COOPERATIVELY OWNED

Frontier Co-op® Vanilla Beans are grown sustainably, harvested with care and never compromised. Free from artificial flavors, sugars and preservatives, bringing unmatched depth and richness to your kitchen creations.

Frontier Co-op
Organic Vanilla Extract
4 fl. oz.





Simple Mills
Baking Mix
9-12.9 oz., selected varieties

### scoop up the savings in bulk!



3.49 Organic Sunflower Seeds per pound in bulk



4.49 Organic Pitted
Deglet Dates
per pound in bulk



8.49 Organic Roasted & Salted Pistachios per pound in bulk

Bake like a pro with ingredients from the co-op.





2/\$3
Rip Van
Wafels
1.16 oz., selected varieties



### double delight

Twice the layers, twice the joy. Justin's Double Cups combine rich organic chocolate and nutty goodness for a snack so good other cups get jealous. Unwrap joy!

2/84

Justin's

Organic Candies

1.32-1.5 oz., selected varieties



Seasonal sweet treats from the co-op.

Yummy, irresistible chocolate.

### indulge your way

Whether you enjoy a square (or two or three) as a midday treat or prefer baking delicious treats, the indulgent possibilities are endless.

3.79

Hu

Organic Chocolate Bar

2.1 oz., selected varieties





COOPERATIVELY OWNED



3.79

Blue Diamond

Nut Thins

4.25 oz., selected varieties

The co-op has treats for all your gatherings.





2.29 Little Secrets Crispy Wafers 1.4 oz., selected varieties



Kettle Brand Potato Chips 4.25-5 oz., selected varieties



Alter Eco Organic Chocolate Bar 2.65-2.82 oz., selected varieties



4.49 Divine Chocolate Chocolate Bar 3 oz., selected varieties



4.49 Frontera Salsa 16 oz., selected varieties





### **CELEBRATE WITH SNACKS**

Ring in the new year with your favorite people, and stock up on goodies from the co-op! The co-op has great selections for everyone at the party. So, make it easier on yourself and find brands you can trust for your next get together.



All your delicious snacks are at the co-op.



3.69
Tom's of Maine
Spearmint Floss
32 yds.



5.99
Tom's of Maine
Toothpaste
4-4.5 oz., selected varieties



5.39
Tom's of Maine
Wicked Fresh
Mouthwash
16 fl. oz., selected varieties



8.39
Tom's of Maine
Deodorant
3.25 oz., selected varieties



Our formulas are thoughtfully made by taking into consideration the purpose and source of our ingredients. We don't allow any artificial flavors, fragrances, colors, sweeteners or preservatives, and we don't test on animals.



6.39
Spry
Chewing Gum
100 ct., selected
varieties



18.99
Kal
Magnesium
Glycinate 350
160 ct.



20.99
Smartypants
Organic Kids Multi
& Omegas
Gummies
120 ct.

### where wisdom meets wellness



Whether it's a cup for conversation, finding your zen or settling digestive discomfort, Traditional Medicinals has a tea for that.

4.99

Traditional Medicinals Herbal Tea

16 ct., selected varieties



Already an app user? Be sure to update to the latest version on the Apple App or Google Play store.

Never miss a deal with the Co+op Deals app.

### INCLUSIVE TRADE PARTNER



ECOS is a Black- and woman-owned company that believes everyone has a right to a healthy home. We create cleaning products that protect the health and wellness of people, pets and the planet.

3.99

Ecos
Dish Soap
25 fl. oz., selected varieties



2/\$5

Booda Organics Original Lip Balms .15 oz.



2.69

Preserve
Adult Toothbrush
each, selected varieties



3.79
Repurpose
Plates or Bowls
20 ct., selected varieties



3.99
NOW
Eucalyptus
Essential Oil
1 fl. oz.



4.69

Mrs. Meyer's
Hand Soap
10-12.5 fl. oz., selected
varieties



6.99

Andalou Naturals
Shampoo or
Conditioner
11.5 fl. oz., selected
varieties



13.99

Bass
Large Square
Paddle Hairbrush
each



9.49

Pranarom
Organic
Frankincense
Essential Oil
.068 fl. oz.



14.99

Weleda Skin Food Cream 2.5 fl. oz.



**INCLUSIVE TRADE PARTNER** 

Badger is a woman-owned company. We are family-owned and operated and create organic body care products with nourishing nutrients.



7.99

Badger
Organic Body Balm
2 oz., selected varieties



34.99

Dr. Hauschka Rose Day Cream 1 fl. oz.



The co-op has products for home and body care.

### Shop for fresh, delicious, local food at a co-op near you.

#### ALASKA

Co-op Market Grocery & Deli

#### ARIZONA

Food Conspiracy Co-op

#### CALIFORNIA

BriarPatch Food Co-op

Chico Natural Foods Cooperative

Co-opportunity Market

Davis Food Co-op

Feather River Food Co-op

Isla Vista Food Co-op

North Coast Co-op

Ocean Beach People's Organic Food Co-op

Placerville Food Co-op

Sacramento Natural Foods Co-op

SLO Food Co-op

Ukiah Natural Foods Co-op

#### IDAHO

Boise Co-op

Moscow Food Co-op

#### MONTANA

Community Food Co-op

#### NEVADA

Great Basin Community Co-op

#### OREGON

Alberta Cooperative Grocery

Ashland Food Co-op

Astoria Co+op

Coos Head Food Co-op

First Alternative Co-op

Medford Food Co-op

People's Food Co-op

#### WASHINGTON

Central Co-op

Community Food Co-op

Main Market Co-op

Olympia Food Co-op

Orcas Food Co-op

Skagit Valley Food Co-op

Sno-Isle Food Co-op

The Food Co-op

See what's on sale with the Co+op Deals app!



Download the App!



Already an app user? Be sure to update to the latest version on the Apple App or Google Play store.



From holiday pies to family favorites, a scoop of Alden's Organic is the sweet touch that makes every gathering brighter.

### Alden's Organic Ice Cream

1.5 qts., selected varieties





everyday low price

2.49

Field Day Organic Chicken Broth 32 fl. oz.



From the Ground Up Cauliflower Crackers or Snacks

3.5-4.5 oz., selected varieties



USDA

ORGANIC











Some items may not be available at all stores or on the same days.



