co+op deals®

JUL 2 - JUL 15, 2025

remarkably smooth

FULL OF FLAVOR

Summer and frozen desserts go hand in hand, so be sure to find time to unwind and relax with Talenti Gelato. Scoop up your favorite flavor and enjoy a sweet treat. Grab a pint or two while they're on sale at the co-op!

4.99

Talenti Gelato or Sorbetto
1 pt., selected varieties

4/$6 Larabar Fruit & Nut Bars
1.06-1.7 oz., selected varieties

2/$4 De La Calle! Organic Mexican Sodas
12 fl. oz., selected varieties

4.49 Quinn Filled Pretzel Nuggets
5-7 oz., selected varieties

Shop the co-op for maximum summertime enjoyment.

Relax with your favorite treats.

plant-based entertaining essentials

Lightlife and **Field Roast** are the perfect summer companions. Try some of our plant-based favorites at your next get-together for a flavorful addition to any dish.

3.39

Lightlife Organic Tempeh
8 oz., selected varieties

4.99

Field Roast Chao Plant-based Cheese
7-8 oz., selected varieties

5.49

Field Roast Plant-based Sausages
12.95 oz., selected varieties

5.99

Field Roast Plant-based Appetizers and Entrees
10-11 oz., selected varieties

3.99

Daiya Dairy-free Shreds
7.1 oz., selected varieties

4.49

Silk Plant-based Milk
64 fl. oz., selected varieties

4.49

Upton's Naturals Seitan
5-8 oz., selected varieties

COOPERATIVELY OWNED

5.39

Organic Valley Cheese Slices
6 oz., selected varieties

delicious, sparkling and adaptogenic

INCLUSIVE TRADE PARTNER

GT's Living Foods is LGBTQIA+-owned and a leader in fermented foods. ALIVE is crafted with the uplifting trio of chaga, reishi and turkey tail mushrooms so you can feel clear minded, focused and balanced.

2.79

GT's Alive Ancient Mushroom Elixir
16 fl. oz., selected varieties

Beat the heat with deals from the co-op.

Some items may not be available at all stores or on the same days

always in good taste

Experience the joys of fermentation and pickling! As the top-selling pickle, sauerkraut and kimchi brands among natural shoppers, **Bubbies** and **Wildbrine** have delivered great taste and functionality for generations through a commitment to high-quality, minimally processed, plant-based foods.

5.99

Wildbrine Organic Sauerkraut
18 oz., selected varieties

7.99

Bubbies Pickles or Pickle Chips
33 fl. oz., selected varieties

2.29

Brew Dr. Organic Kombucha
14 fl. oz., selected varieties

4.99

Forager Project Organic Cashewmilk Yogurt
24 oz., selected varieties

5.49

Applegate Sliced Deli Meat
7 oz., selected varieties

8.49

Thousand Hills 100% Grass-fed Ground Beef 80% Lean 20% Fat
16 oz.

fresh flavor, bold taste

When hummus went dull, we went dill. From cold-pressed lemon juice to glyphosate residue-free chickpeas, Ithaca's a household staple for a reason.

3.99

Ithaca Hummus
10 oz., selected varieties

Shop the co-op for picnic essentials.

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3.49

Wildwood Organic Super Firm Sprouted Tofu

16 oz., selected varieties

scoop-worthy

Real ingredients. Real good. Alden's Organic ice cream is certified organic, non-GMO and packed with flavor you can feel good about sharing.

8.99

Alden's Organic Ice Cream

1.5 qts., selected varieties

2/$8

Cascadian Farm Organic Frozen Fruits

8-10 oz., selected varieties

2/$8

Cascadian Farm Organic Frozen Potatoes

12-16 oz., selected varieties

4.49

Oatly Non-dairy Frozen Dessert

1 pt., selected varieties

greens made easy

Meeting your nutrition goals can be made easier with Woodstock's ready-to-heat frozen vegetables. Our farm-to-frozen vegetables are organic, non-GMO and free from artificial colors, flavors and preservatives.

2.79

Woodstock Organic Frozen Vegetables

10 oz., selected varieties

4.99

Dr. Praeger's Veggie Burgers

10 oz., selected varieties

4.99

So Delicious Dairy-free Frozen Novelties

9.2-18.4 fl. oz., selected varieties

Fill the freezer with delicious items from the co-op.

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3.79

Nature's Path Organic Toaster Pastries or Instant Oatmeal
11-14 oz., selected varieties

3.99

Nature's Path Organic Cereal
9.5-14 oz., selected varieties

4.79

Nature's Path Organic Love Crunch Granola
10.6-11.5 oz., selected varieties

5.49

Nature's Path Organic Granola
11 oz., selected varieties

sustainability commitments, sourcing excellence

We have a vision of leaving the Earth better than we found it. Our Sustainable Supply Chain Code of Conduct policy guides our actions to achieve that vision when selecting organic ingredients and our packaging suppliers. Join **Nature's Path Organic** in action with every bite!

2.99

Pacific Foods Organic Almond Beverage
32 fl. oz., selected varieties

4.29

Milkadamia Macadamia Milk
32 fl. oz., selected varieties

COOPERATIVELY OWNED

11.99

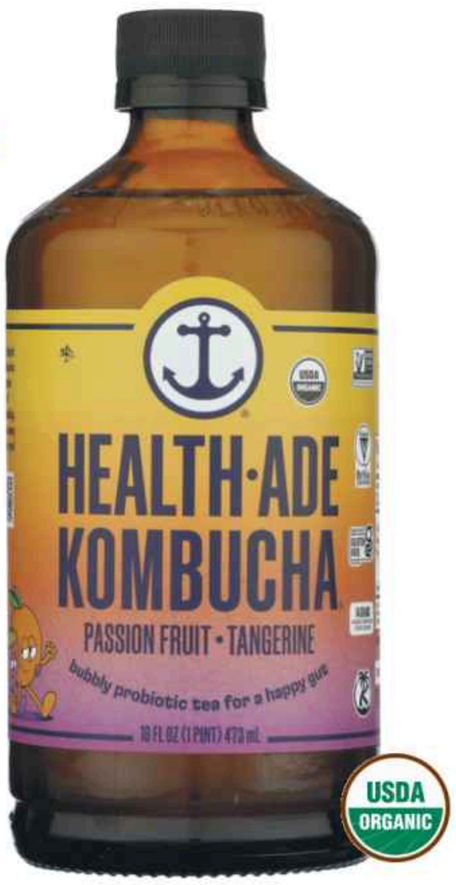
Equal Exchange Organic French Roast Coffee
per pound in bulk

thrill your gut

With probiotically powered, refreshingly bubbly Health-Ade Kombucha made with real fruit juice.

2/$5

Health-Ade Organic Kombuchas
16 fl. oz., selected varieties



3/$5

Kind Bars
1.4 oz., selected varieties

Find brands you trust at the co-op.

Some items may not be available at all stores or on the same days

6.49

Sir Kensington's Mayonnaise
12 fl. oz., selected varieties

6.99

Sweetleaf Stevia Sweetener
2 fl. oz., selected varieties

8.99

Primal Kitchen Pure Avocado Oil
16.9 fl. oz.

Make packing for picnics and playdates easier.

The co-op has flavors you love.

INCLUSIVE TRADE PARTNER

Bachan's is an Asian-owned company. We have perfected a multi-generational family recipe for sauces inspired by traditional Japanese flavors.

6.49

Bachan's Japanese Barbecue Sauce
15.5-17 fl. oz., selected varieties

3.19

San-J Gluten-free Tamari Soy Sauce
10 fl. oz.

COOPERATIVELY OWNED

6.49

Simply Organic Garlic Powder
3.64 oz., selected varieties

14.99

Dr. Bronner's Organic Whole Kernel Virgin Coconut Oil
30 fl. oz.

Find ingredients for a fun day at the co-op.

Some items may not be available at all stores or on the same days

2.29

KOYO Ramen Cup
2-2.1 oz., selected varieties

1.39

Take Root Organics Tomato Paste
6 oz.

2.29

Siete Taco Seasoning
1.31 oz., selected varieties

2/$6

Wild Planet Skipjack Tuna
5 oz., selected varieties

2/$7

Annie's Organic Ketchup
24 oz.

3.69

Woodstock Organic Olives
8.4-8.5 oz., selected varieties

Never miss your
favorite deals

Scan the QR codes to download the Co+op Deals app!

3.99

Garden of Eatin' Taco Shells
5.5 oz., selected varieties

5.49

Food for Life Organic Ezekiel 4:9 Bread
24 oz., selected varieties

scoop up the savings in bulk!

2.79

Organic Garbanzo Beans
per pound in bulk

9.99

Organic Dried Mango
per pound in bulk

9.99

Tamari Roasted Almonds
per pound in bulk

Download the Co+op Deals app today.

Some items may not be available at all stores or on the same days

2.69

The Good Crisp Potato Crisps

5.6 oz., selected varieties

3.39

Hippeas Chickpea Puffs

3.75-4 oz., selected varieties

3.49

Food Should Taste Good Tortilla Chips

5.5 oz., selected varieties

2/$6

Mary's Gone Crackers Organic Real Thin Crackers

5 oz., selected varieties

4.49

Frontera Salsa

16 oz., selected varieties

5.69

Virgil's Sodas

4 pk.-12 fl. oz. bottles, selected varieties

savor summer with Siete

Wherever summer takes you, Siete Foods has got your snack. Enjoy with friends and familia because Juntos es Mejor, or "together is better!"

2/$8

Siete Tortilla Chips

5-7.5 oz., selected varieties

3.69

Terra Vegetable Chips

5 oz., selected varieties

The co-op has snacks for relaxing summer nights.

Some items may not be available at all stores or on the same days

2/$3

Culture Pop Probiotic Sodas
12 fl. oz. can, selected varieties

2.29

The Mountain Valley Spring or Sparkling Water
33.8 fl. oz., selected varieties

2/$3

Steaz Organic Green Teas
16 fl. oz., selected varieties

3.99

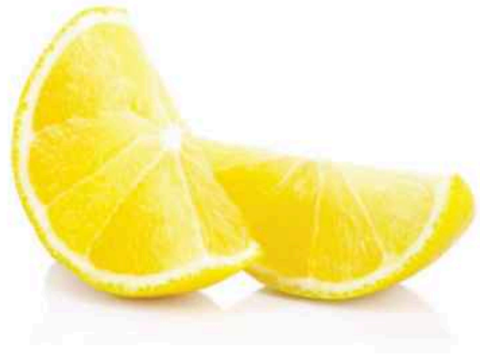
Theo Organic Chocolate Bar
3 oz., selected varieties

3.99

C2O Coconut Water
33.8 fl. oz., selected varieties

3.99

Q Mixers Drink Mixers
4 pk.-7.5 fl. oz. cans, selected varieties



2/$10

Waterloo Sparkling Waters
12 pk.-12 fl. oz. cans, selected varieties

everyday electrolytes, no junk

Ultima has 6 daily electrolytes and no sugar, calories or carbs. Vegan, non-GMO, organically sweetened and made with plant-based color and flavors. Yum!

13.99

Ultima Replenisher Electrolyte Drink Mix
3.2-3.8 oz., selected varieties

4.49

Kettle Brand Potato Chips
13 oz., selected varieties

The co-op has great deals on tasty snacks.

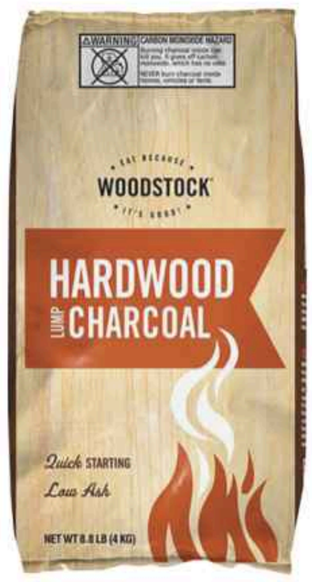
Some items may not be available at all stores or on the same days

10.49

Jarrow Formulas Methyl B-12 1000mcg
100 ct.

54.99

Nordic Naturals Ultimate Omega
180 ct.



10.99

Woodstock Lump Hardwood Charcoal
8.8 lbs.

39.99

Ancient Nutrition Multi Collagen Protein Powder
14.6-18.7 oz., selected varieties

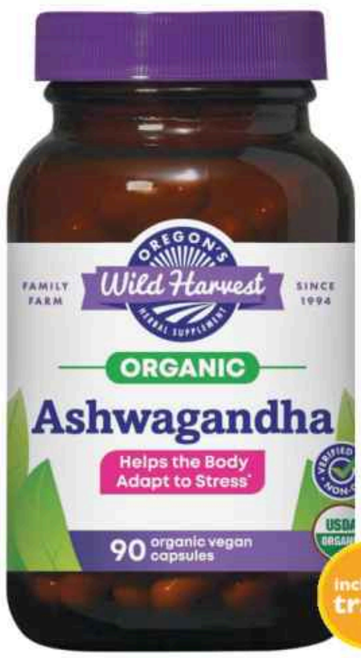
extra strength, whole body

MegaFood's Whole Body Turmeric Curcumin is an extra-strength formulation providing 475 mg of active curcuminoids per serving. Paired with real food ingredients including vitamin C, a berry fruit blend and holy basil leaf extract for added support.

18.99

Megafood Turmeric Curcumin
60 ct.

INCLUSIVE TRADE PARTNER



Oregon's Wild Harvest is a woman-owned company. Our family-owned, certified-organic, biodynamic farm makes organic herbal supplements.

17.99 **Oregon's Wild Harvest Organic Ashwagandha**
90 ct.

Stay energized with help from the co-op.

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5.99

Acure
Shampoo or Conditioner
8 fl. oz., selected varieties

mineral sun protection

Broad-spectrum, water-resistant, cruelty-free sun protection with no white cast, vitamin E, squalene or niacinamide. Formulated without octinoxate, oxybenzone, fragrance, parabens, sulfates or petrolatum. Skin Cancer Foundation recommended.

9.99

Alba Botanica
Sheer Mineral Sunscreen Lotion
3 fl. oz., selected varieties

Body care for optimal summertime wellness.

Skin and hair care all summer.

7.99

Avalon Organics
Shampoo or Conditioner
11 fl. oz., selected varieties

6.49

Davids
Toothpaste
4-5.25 oz., selected varieties

INCLUSIVE TRADE PARTNER

Badger is a woman-owned company. We are also family-owned and operated and create organic body care products with nourishing nutrients.

11.99

Badger
Mineral Sunscreen Cream
2.9 fl. oz., selected varieties

The co-op has safe body care products.

Some items may not be available at all stores or on the same days

Shop for fresh, delicious, local food at a co-op near you.

ALASKA
Co-op Market Grocery & Deli

ARIZONA
Food Conspiracy Co-op

CALIFORNIA
BriarPatch Food Co-op
Chico Natural Foods Cooperative
Co-opportunity Market
Davis Food Co-op
Feather River Food Co-op
Isla Vista Food Co-op
North Coast Co-op
Ocean Beach People's Organic Food Co-op
Placerville Food Co-op
Sacramento Natural Foods Co-op
SLO Food Co-op
Ukiah Natural Foods Co-op

IDAHO
Boise Co-op
Moscow Food Co-op

MONTANA
Community Food Co-op

NEVADA
Great Basin Community Co-op

OREGON
Alberta Cooperative Grocery
Ashland Food Co-op
Astoria Co+op
Coos Head Food Co-op
First Alternative Co-op
Medford Food Co-op
People's Food Co-op

WASHINGTON
Central Co-op
Community Food Co-op
Main Market Co-op
Olympia Food Co-op
Orcas Food Co-op
Skagit Valley Food Co-op
Sno-Isle Food Co-op
The Food Co-op

See what's on sale with the Co+op Deals app!

Co+op deals

Download the App!

Already an app user? Be sure to update to the latest version on the Apple App or Google Play store.

discover what's good

When snack time hits, reach for the well-loved, nostalgic flavors of childhood that are packed with the wholesome ingredients you'd expect as a parent.

4.49

Goodpop Frozen Novelties
9.9-13.2 fl. oz., selected varieties

5/$5

Brown Cow Cream Top Yogurts
5.3 oz., selected varieties

Scan the QR code to learn more about the quality and values represented by these symbols.

USDA ORGANIC · BOGO · Co+op basics · inclusive trade · Co+op · new

PWNW0725A

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Co+op