

coop deals

JUL 30 - AUG 19, 2025

smooth
and simple

CLASSIC SPREAD

A simple lunch is perfect for busy summer days with little helpers in the kitchen. Once Again Peanut Butter is a delicious choice and tastes great as part of a sandwich with jam, honey and fresh fruit. Try it as a stand-alone dip with fresh fruit for snack time, too. It's on sale at the co-op so stock up!



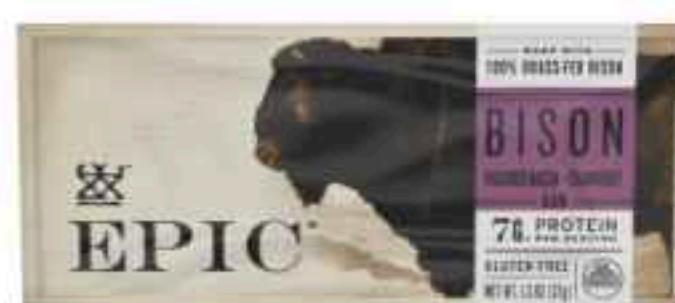
5.99

Once Again
Organic Peanut Butter
16 oz., selected varieties



1.79

Silk
Dairy-free Yogurt
5.3 oz., selected varieties



2/\$5

Epic
Meat Bars
1.3-1.5 oz., selected
varieties



3.29

Nature's Path
Organic
Frozen Waffles
7.4 oz., selected varieties



Make delicious summer meals.

Enjoy the summer days!

INCLUSIVE TRADE PARTNER

Painterland Sisters is a woman-owned company. We make delicious yogurt and work with our partner farms to care for their land, animals and workers.



2/\$5 Painterland Sisters Organic Icelandic-style Skyr Yogurts
5.3 oz., selected varieties



2/\$7 Harmless Harvest Coconut Smoothies
10 fl. oz., selected varieties



4.99 So Delicious Organic Coconutmilk
64 fl. oz., selected varieties



5.39 Straus Family Creamery Organic Yogurt
32 oz., selected varieties



6.49 Wallaby Organic Greek Yogurt
32 oz., selected varieties



6.79 Meyenberg Goat Milk Kefir
32 fl. oz., selected varieties

add what you like

NUTRIENT-RICH BREAKFAST

Breakfast is easy when you shop the co-op for your favorite yogurt! Add toppings like granola, toasted almonds, chia or flax seeds or sliced fruit and benefit from the probiotics and added fiber. A quick meal to prep, but one that's both filling and nutritious.



4/\$5 Chobani Greek Yogurts
5.3 oz., selected varieties

The co-op has refreshing options for everyone.

Some items may not be available at all stores or on the same days



4.49
Miyoko's Creamery
Organic Plant Milk
Cream Cheese
8 oz., selected varieties



3.49
Stumptown
Coffee Roasters
Cold Brew Coffee
10.5-11 fl. oz., selected
varieties



3.99
Tofurky
Plant-based Deli
Slices
5.5 oz., selected varieties

COOPERATIVELY OWNED



4.99
Organic Valley
Oat Creamer
32 fl. oz., selected
varieties



4.29
Califia Farms
Oatmilk
48 fl. oz., selected
varieties



4.99
Mt Vikos
Feta Cheese
6 oz., selected varieties



5.29
Laird
Superfood
Creamer
25.4 fl. oz., selected
varieties



fresh from the fridge

Made with freshly ground nut butter,
organic honey and 20+ superfoods, our
refrigerated protein snacks have a cookie
dough-like texture you'll love!

2/\$5

Perfect Bar
Protein Bars
1.94-2.5 oz., selected varieties



9.79

Evolution Fresh
Juice
59 fl. oz., selected varieties

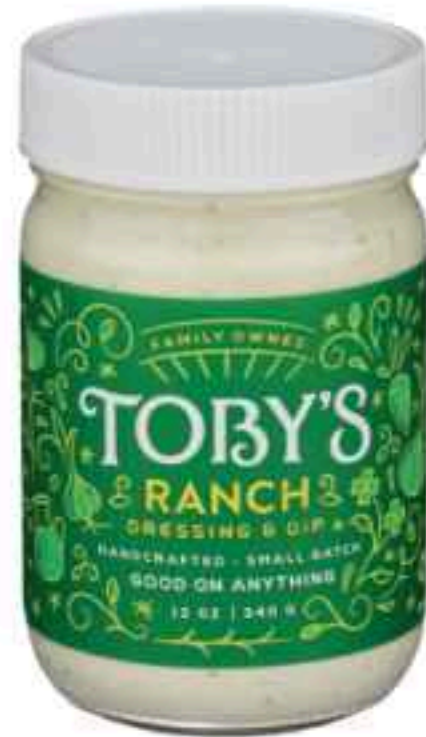
Food for outdoor gatherings is at the co-op.

Some items may not be available at all stores or on the same days



2/\$7

Koia
Plant-based
Protein Drinks
12 fl. oz., selected
varieties



5.49

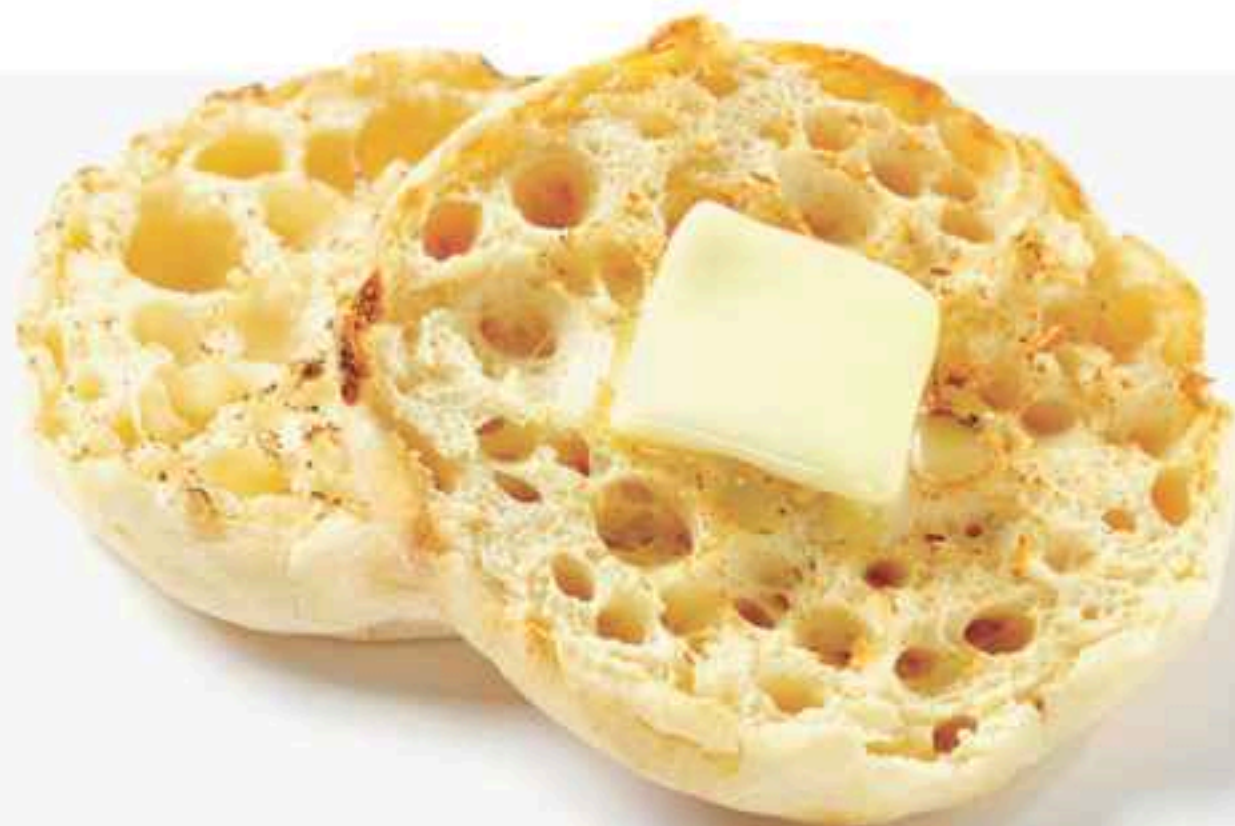
Toby's
Dressing & Dip
12 oz., selected varieties

spread a little sunshine

Indulge in rich and creamy butter from 90% grass-fed cows. Our girls graze on open pastures during the warmer months, resulting in a golden, melt-in-your-mouth butter perfect for baking, cooking, spreading — you name it.

3.49

Vital Farms
Butter
8 oz., selected varieties



Kick off the day with a scrumptious start.
Make breakfast delicious.



bubbly probiotics

Whatever your KeVita choice, we've got you covered! Bold kombucha, refreshing kefir probiotic bubbles or zesty and sweet lemonades — all full of live probiotics.

2/\$4

KeVita
Organic Sparkling
Prebiotic Lemonades
12 fl. oz., selected varieties



2/\$6

Health-Ade
Organic Kombuchas
16 fl. oz., selected varieties

The co-op has your favorite brands.

Some items may not be available at all stores or on the same days



2.29

Evol

Burritos

5-6 oz., selected varieties



2/\$8

Jolly Llama

Frozen Novelties

10.6-14.25 fl. oz., selected varieties

plant-powered pasta



Woodstock Frozen Pastas are USDA Organic and free from artificial colors, flavors and preservatives. Our products are filled with flavor and can be tossed in your favorite sauce for a quick meal everyone will love!

7.99

Woodstock

Organic Frozen Pasta

20 oz., selected varieties




2/\$8

Cascadian Farm

Organic Frozen Fruits

8-10 oz., selected varieties



4.99

Just

Folded Plant Eggs

8 oz.



4.99

Dr. Praeger's

Veggie Burgers

10 oz., selected varieties



4.99

So Delicious

Dairy-free Frozen Dessert

1 pt., selected varieties



5.49

Sambazon

Organic Acai Superfruit Packs

4 pk.-3.5 oz., selected varieties



5.49

Little Northern Bakehouse

Gluten-free Bread

16-17 oz., selected varieties




5.49

JonnyPops

Frozen Novelties

6.72-14.8 fl. oz., selected varieties



6.99

Daiya

Frozen Pizza

12.8-19.4 oz., selected varieties



8.99

Amy's

Frozen Pizza

9.1-14 oz., selected varieties

Fill the freezer with favorites from the co-op.

Some items may not be available at all stores or on the same days

INCLUSIVE TRADE PARTNER

MUSH is a woman-owned company. Inspired by cereal and oatmeal soaked in milk, MUSH creates delicious and nutritious food.



1.79 Mush
Overnight Oats
5 oz., selected varieties

take a soft-baked break!

Perfect for lunchtime, snack time — or anytime. Plant-based, nut-free, dairy-free and delicious!

4.49

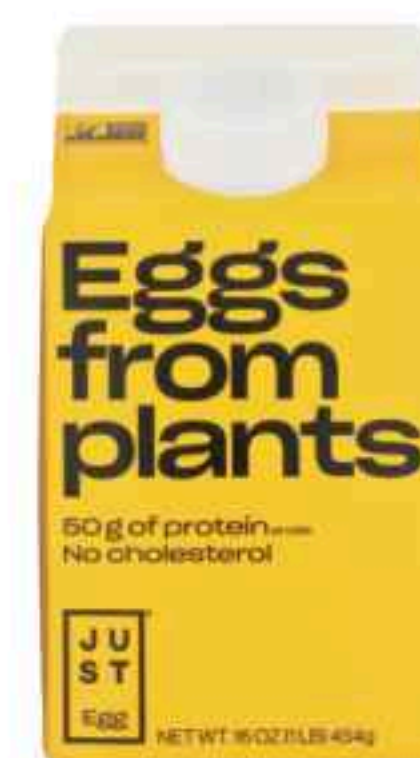
Nature's Bakery
Fig Bars
6 pk.-2 oz., selected varieties



4.49
Sahale Snacks
Nut Mix
4 oz., selected varieties



4.99
Lakewood
Juice
32 fl. oz., selected varieties



6.49
Just
Plant-based Eggs
16 oz.



14.99
Four Sigmatic
Organic Coffee
with Mushrooms
10-12 oz., selected varieties



don't snooze
on playtime

PREPARE THE COFFEE

Early risers in the home might mean morning play time, neighborhood playdates or a pre-work stroll. Head out the door with coffee in hand and plenty of snacks to keep the day humming along. The co-op has delicious snacks and beverages to keep everyone happy for those busy mornings.

Don't leave home without snacks from the co-op.



2/\$7
Annie's
Organic
Cheesy Smiles
4 oz.



2/\$8
Annie's
Organic Bunny
Grahams or Crackers
7.5 oz., selected varieties



2/\$9
Annie's
Organic Fruit Snacks
10 pk.-.7 oz., selected
varieties



2/\$8
Cascadian Farm
Organic Cereals,
Granolas or Granola Bars
6.2-14.6 oz., selected varieties

organically
delicious

Start the school year off strong with the delicious, wholesome goodness of **Annie's** and **Cascadian Farm**! Discover the latest snacks and cereals, perfect for lunchboxes and after-school fuel.



Back-to-school snacks are at the co-op.
Find the food you love.



4/\$5
Larabar
Fruit & Nut Bars
1.06-1.7 oz., selected varieties



5.99
Seven Sundays
Cereal or Museli
8-12 oz., selected varieties



2.99
Nutpods
Dairy-free
Creamer
11.2 fl. oz., selected
varieties



4.49
One Degree
Organic Foods
Sprouted Rice
Cereal
8-10 oz., selected varieties

The co-op has snacks for the whole family.

Some items may not be available at all stores or on the same days



budget-friendly bulk

SCAN TO LEARN MORE

If you're new to bulk buying, don't be shy — co-op staff will be happy to help you get started with weighing and marking your items. Buying in bulk is great for the environment since less packaging is involved, and you can buy exactly the amount you need.



2.29
KOYO
Ramen Cup
2-2.1 oz., selected varieties



3/\$7
Near East
Couscous Mixes or
Rice Pilafs
5.2-10 oz., selected varieties



2/\$6
Safe Catch
Elite Wild Tuna
5 oz.



2/\$8
Annie's
Organic
Dressings
8 fl. oz., selected varieties



4.99
Ocean's Halo
Organic Broth
32 fl. oz., selected varieties



15.99
Napa Valley
Naturals
Organic Extra
Virgin Olive Oil
25.4 fl. oz.

scoop up the savings in bulk!



3.99
Organic
Banana Chips
per pound in bulk



5.49
Walnut Halves
& Pieces
per pound in bulk



7.99
Organic Medjool
Dates
per pound in bulk

Find food for summer adventures at the co-op.

Some items may not be available at all stores or on the same days



2/\$6

LesserEvil
Organic Snacks
3-6.4 oz., selected varieties



2/\$7

Que Pasa
Organic Tortilla Chips
11 oz., selected varieties



3.99

Late July Snacks
Tortilla Chips
7.5-7.8 oz., selected varieties



Perfect for summertime snacking.

Munch away.



2/\$3

Epic
Meat or Seafood
Strips
.8 oz., selected varieties



2/\$4

Harvest Snaps
Snacks
3-3.3 oz., selected
varieties



4.49

Nixie
Organic Sparkling Water
8 pk.-12 fl. oz. cans, selected varieties



2/\$6

Angie's
Boomchickapop
Popcorn
4.8 oz., selected varieties



4.49

Loacker
Wafer Cookies
7.76-8.82 oz., selected
varieties

hello juice: meet fizz

Drinking **IZZE** is like a flavor party on your tongue — real fruit juice, splash of sparkling water and a whole lot of bold flavor. It's FIZZING awesome!



5.99
Izze
Sparkling Juice Drink
6 pk.-8.4 fl. oz. cans, selected varieties



Find the brands you love at the co-op.
Fizzy drinks for active days.



2/\$6
The Good Crisp
Potato Chips
5.5 oz., selected varieties



2/\$6
Chocolove
Chocolate Bars
2.9-3.2 oz., selected varieties



COOPERATIVELY OWNED
3.99
Equal Exchange
Organic
Chocolate Bar
2.8-3.5 oz., selected varieties



3.99
SkinnyDipped
Dipped Nuts
3.5 oz., selected varieties

Shop the co-op for summer gatherings.

Some items may not be available at all stores or on the same days



6.99
North Coast
Organic Apple Cider
64 fl. oz., selected varieties



2/\$3
Steaz
Organic Green
Teas
16 fl. oz., selected
varieties



2.29
Clean Cause
Organic Yerba Mate
15.5-16 fl. oz., selected varieties

INCLUSIVE TRADE PARTNER
ALO Drink is an Asian-owned company.
We source non-GMO aloe vera plants from
sustainable farms in Thailand and provide
rural communities with economic value.



3/\$5
Alo
Aloe Vera Juice Drinks
10.8 fl. oz., selected varieties



2.29
Essentia
Ionized Water
50.7 fl. oz.



2.39
Proud Source
Spring or Sparkling
Water
25.3 fl. oz., selected
varieties



2.99
Wasa
Crispbread
4.9-9.7 oz., selected
varieties



coop deals
Download the App!

Find your closest
food co-ops
See what's on sale
Never miss your
favorite deals

Never miss your favorite deals

Already an app user? Be sure to update to the latest version on the
Apple App or Google Play store.

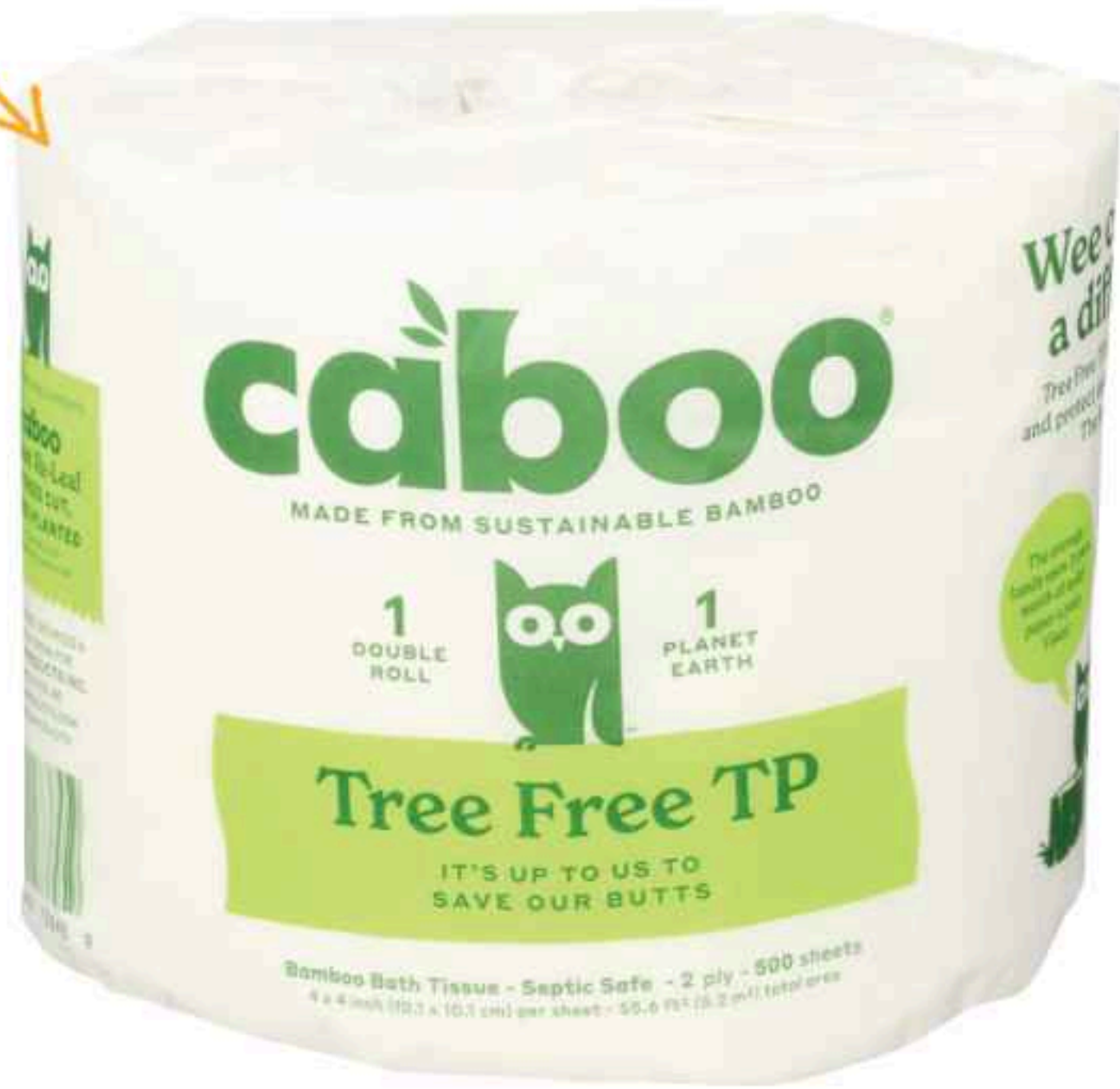


Download the Co+op Deals app today.

Some items may not be available at all stores or on the same days



make every wipe tree-free



Made from bamboo, Caboo tree-free toilet paper is kind to the body, loved by septic systems, and better for the Earth. Soft and strong, and free from inks, dyes, fragrances and BPA.

2/\$3

Caboo Products
Bath Tissue
each



Find safe cleaning products at the co-op.
Don't stress over a mess!



no stain is too tough

Biokleen Bac-Out uses enzymes to eliminate the toughest stains and odors including wine, food, dirt, coffee, pet accidents and grass. Use on carpets, clothing, upholstery and much more. Green Seal certified, never tested on animals and made in the USA.

8.99

Biokleen
Bac-Out
32 fl. oz.

INCLUSIVE TRADE PARTNER

ECOS is a Black- and woman-owned company. We create cleaning products that protect the health and wellness of people, pets and the planet.



3.79

Ecos
Dish Soap
25 fl. oz., selected varieties

inclusive trade

Earth-friendly solutions are at the co-op.



24.99
Whole Earth & Sea
Multivitamin &
Mineral
60 ct., selected varieties



2/\$6
Orgain
Nutritional or
Protein Shakes
11 fl. oz., selected varieties



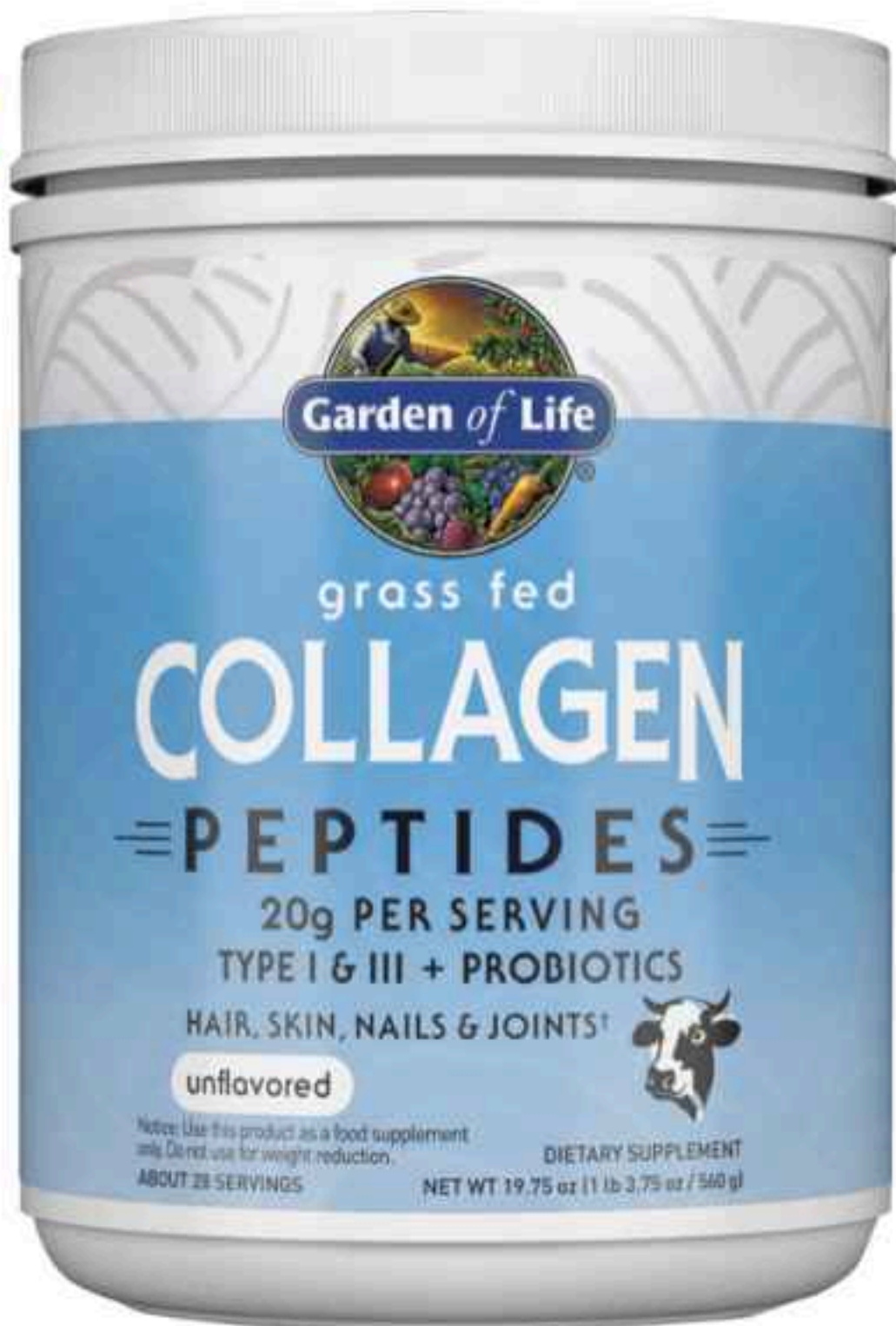
10.99
Nordic Naturals
Vitamin C Gummies
60 ct.



31.99
Four Sigmatic
Organic Plant-based
Protein Powder
16.9-21.16 oz., selected
varieties



be extraordinary with collagen



With 20 grams of collagen from grass-fed and pasture-raised cows, it's time to replenish and be extraordinary from the inside out. Clean, easy-to-mix, Grass Fed Collagen Peptides is the answer.

28.99
Garden of Life
Grass-fed Collagen
Peptides
19.75 oz.



17.99
Simply Tera's
Whey Protein Powder
12 oz., selected varieties

Find a boost for your smoothie at the co-op.

Some items may not be available at all stores or on the same days



3.99

Tom's of Maine
Spearmint Floss
32 yds.



5.39

Tom's of Maine
Mouthwash
16 fl. oz., selected
varieties



5.99

Tom's of Maine
Toothpaste
4-4.5 oz., selected
varieties



7.99

Tom's of Maine
Deodorant
3.25 oz., selected varieties

doing right
by the planet

Tom's of Maine is always innovating and developing new sustainable packaging. Did you know: our deodorant packaging is now made from 100% recycled plastic?



Feel and look your best all season long.
Fresh and clean.

feel-good clean

Bring on the joy with our multitasking soap! Made with essential oils, EWG Verified®, and packaged in a 100% post-consumer recycled plastic bottle — it's a delightful clean from head to toe.

7.99

Everyone
3-in-1 Soap
32 fl. oz., selected varieties



INCLUSIVE TRADE PARTNER

Badger is a woman-owned company. We are family-owned and operated and create organic body care products with nourishing nutrients.



inclusive
trade

11.99

Badger
Mineral Sunscreen
Cream
2.9 fl. oz., selected varieties

Great body care products are at the co-op.

Some items may not be available at all stores or on the same days



4.99

Dr. Bronner's
All-One Toothpaste
5 oz., selected varieties



6.99

Nubian Heritage
Deodorant
2.25 oz., selected varieties



3.79

Crystal
Mineral
Deodorant
2.25 fl. oz., selected
varieties



4.49

Mrs. Meyer's
Hand Soap
10-12.5 fl. oz., selected
varieties



8.49

The Honey Pot
Intimate Wipes
30 ct., selected varieties

get
back-to-school
ready



5.99

Alba Botanica
Acnedote Face &
Body Scrub
8 oz.



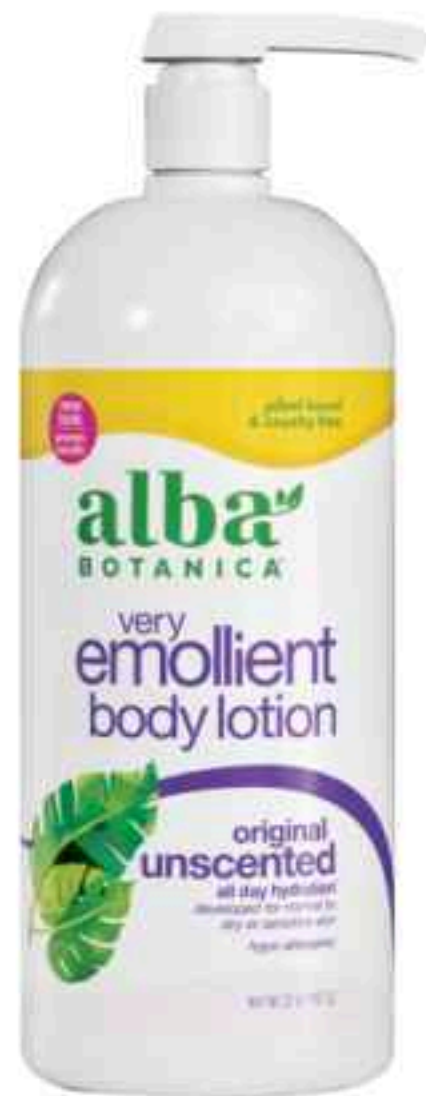
5.99

Alba Botanica
Acnedote Pimple
Patch
40 ct.



7.99

Alba Botanica
SPF 30 Sheer
Mineral Sunscreen
Lotion
3 fl. oz.



10.99

Alba Botanica
Very Emollient
Body Lotion
32 fl. oz., selected
varieties

Prepare for back-to-school at the co-op.

Some items may not be available at all stores or on the same days

Shop for fresh, delicious, local food at a co-op near you.

ALASKA

Co-op Market Grocery & Deli

ARIZONA

Food Conspiracy Co-op

CALIFORNIA

BriarPatch Food Co-op
Chico Natural Foods Cooperative
Co-opportunity Market
Davis Food Co-op
Feather River Food Co-op
Isla Vista Food Co-op
North Coast Co-op
Ocean Beach People's Organic Food Co-op
Placerville Food Co-op
Sacramento Natural Foods Co-op
SLO Food Co-op
Ukiah Natural Foods Co-op

IDAHO

Boise Co-op
Moscow Food Co-op

MONTANA

Community Food Co-op

NEVADA

Great Basin Community Co-op

OREGON

Alberta Cooperative Grocery
Ashland Food Co-op
Astoria Co+op
Coos Head Food Co-op
First Alternative Co-op
Medford Food Co-op
People's Food Co-op

WASHINGTON

Central Co-op
Community Food Co-op
Main Market Co-op
Olympia Food Co-op
Orcas Food Co-op
Skagit Valley Food Co-op
Sno-Isle Food Co-op
The Food Co-op

coop deals.

Download the App!



See what's on sale with the Co+op Deals app!

Already an app user? Be sure to update to the latest version on the Apple App or Google Play store.

100% organic, 100% delicious

INCLUSIVE TRADE PARTNER

GoMacro is a woman-owned company. Our MacroBars® are organic, plant-based nutrition bars made from simple, sustainably sourced ingredients. All MacroBars are certified organic, vegan, gluten-free, kosher, non-GMO, C.L.E.A.N. and soy-free.



2/\$5

GoMacro
Organic MacroBars
2-2.4 oz., selected varieties



1.79
C2O
Coconut
Water
17.5 fl. oz., selected varieties



Scan the QR code to learn more about the quality and values represented by these symbols.



Some items may not be available at all stores or on the same days.



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