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## a bold start

With 2025's arrival, grab a Kevita Master Brew Kombucha — on sale at the co-op — and enjoy a fresh start as you head into the new year. Enjoy in a mocktail or on its own as a refreshing and gut-healthy part of your day.













Pirate's Booty Aged White Cheddar Puffs 4 oz.

Organic Chocolate Bars 2.65-2.96 oz., selected varieties



2/\$7 Van's Frozen Waffles or Pancakes 8-12.4 oz., selected varieties



**4.29** 

Kite Hill Almondmilk Yogurt 16 oz., selected varieties



2/\$10 Nixie

Organic Sparkling

8 pk.-12 fl. oz. cans,



15.99

Napa Valley Naturals Organic Extra Virgin Olive Oil 25.4 fl. oz.

#### Organic Kombucha 15.2 fl. oz., selected varieties



Water





## Happy New Year from your co-op! Start 2025 with great deals!









4.99

Bizzy **Organic Cold** Brew Coffee 48 fl. oz., selected varieties





#### Miyoko's Creamery **Organic Plant Milk Cream Cheese** 8 oz., selected varieties





5.99







6.99

**Evolution Fresh** Organic Juices or Smoothies 15.2 fl. oz., selected varieties

**Evolution Fresh** Organic Juice or Smoothie 32 fl. oz., selected varieties

**Evolution Fresh** Juice 59 fl. oz., selected varieties

With Evolution Fresh, you squeeze more out of the moment. Our coldpressed process captures the full flavor of fresh fruits and vegetables. Deliciously pure. Super nutritious. Smartly preserved to help you press ahead with just a drop more joy.

## Your co-op has everything for a delicious breakfast.



# 4.99

#### Forager Project Organic Cashewmilk Yogurt 24 oz., selected varieties

# -smooth and creamy goodness



Almond Breeze non-dairy almondmilk is delicious in everything, from cereals and smoothies to cooking and baking. Your classic go-to plant-based almondmilk made from the best Blue Diamond almonds.



## Almondmilks

59-64 fl. oz., selected varieties



2/\$4 Good Culture Organic Cottage Cheeses 5 oz., selected varieties



**4.49**Nutpods
Dairy-free
Creamer
25.4 fl. oz., selected
varieties



**4.49** Nancy's Organic Yogurt 24-32 oz., selected

varieties

# crafted with less

All of our skyr and plant-based, dairy-free yogurts are made with simple ingredients and no artificial anything. Deliciously satisfying siggi's yogurts make the perfect breakfast or snack option.





#### COOPERATIVELY OWNED



## Find the products you love at the co-op.

#### **INCLUSIVE TRADE PARTNER**

Three Trees is a woman-owned company. Our passion is to create nutritious, plant-based beverages using the wonders of the forest to provide clean ingredients.

5.99

Three Trees Organic Plant-based Milk 28 fl. oz., selected varieties





\choose organic ingredients

> There's yogurt and then there's Stonyfield. Our organic yogurt is packed with high-quality ingredients and a taste you'll love!





Bellwether Farms Sheep Milk Yogurt 6 oz., selected varieties





**4.49** Silk Dairy-free Creamer 32 fl. oz., selected varieties

## tastes and cooks better

The results are in — Violife is the fastest growing dairy-free cheese in America.







Netwt

8 oz (227g)



4.49

Upton's Naturals Seitan 5-8 oz., selected varieties

#### Just Like Cheese Slices or Shreds 7.1-8 oz., selected varieties



6.49

Wallaby Organic Greek Yogurt 32 oz., selected varieties

## Find dairy and dairy-free options at your co-op.

#### grocery.coop

#### INCLUSIVE TRADE PARTNER

Grain Trust is a Hispanic-owned company that creates three-minute dishes out of ethically sourced grains from farmers who earn living wages.





Grain Trust Frozen Rice Sides 20-30 oz., selected varieties



2/\$5 Stahlbush Island Farms Frozen Vegetables 7-10 oz., selected varieties



3.99

Silver Hills Sprouted Bread 15-22 oz., selected varieties



Woodstock Organic Filled Pasta 20 oz., selected varieties





Dr. Praeger's Veggie Burgers 10 oz., selected varieties





5.49

Little Northern Bakehouse Gluten-free Bread 16-17 oz., selected varieties

## spice up 2025

#### **INCLUSIVE TRADE PARTNER**

Kick off the new year with Deep Indian Kitchen's made-from-scratch samosas and delicious entrees. We are an Indian-owned company, and our restaurant-quality meals are crafted from family recipes and ready in minutes. Enjoy!







Deep Indian Kitchen Entrées or Samosas

7.5-12 oz., selected varieties



Cascadian Farm Organic Frozen Fruit 28-32 oz., selected varieties

## Your co-op has easy dinner solutions.

#### grocery.coop

#### **INCLUSIVE TRADE PARTNER**

Otto's Naturals is a woman-owned company providing gluten- and grain-free alternatives for traditional foods. We've developed a superior cassava flour by working directly with producer groups in Brazil.





5.99 **One Degree Organic Foods** Sprouted Oats 24 oz., selected varieties



7.99 **Bob's Red Mill** Super-fine Almond Flour 16 oz.



6.99 Sweetleaf Stevia Sweetener 2 fl. oz., selected varieties



Cassava Flour

24-32 oz., selected

varieties

2/\$7 C20

Coconut Water 33.8 fl. oz., selected varieties



2.29

Just Ice Tea Organic Tea 16 fl. oz., selected varieties



Tazo Tea 15-20 ct., selected varieties

4.49

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# the peel good beverage

Go bananas for Woodstock Organic Banana Water, a plant-based beverage made from one simple ingredient. Enjoy on its own or add a nutritional boost to smoothies, mocktails and more!



#### **INCLUSIVE TRADE PARTNER**

Thunderbird is a Hispanic-owned company. We are inspired by athletes seeking real food for fuel. We offer incredible flavor and whole food ingredients.





#### Woodstock **Organic Banana Water** 16.9 fl. oz.

## Your co-op has something for everyone.





Blue Diamond

Almondmilks 32 fl. oz., selected varieties



Orgain Organic Protein Shakes 11 fl. oz., selected varieties



**Organic India Tulsi Tea** 18 ct., selected varieties

3.99



**479** Kashi

Cereal 9.5-14 oz., selected varieties

#### **INCLUSIVE TRADE PARTNER**

Purely Elizabeth is a woman-owned company. We make delicious food with nourishing ingredients to help you thrive on your wellness journey.



5.49

Purely Elizabeth Granola 8-12 oz., selected varieties

#### INCLUSIVE TRADE PARTNER

Catalina Crunch is a diverse-owned brand. Our products satisfy your sweet tooth but aren't loaded with sugar and empty carbs.













3.69

Santa Cruz Organic Lemon or Lime Juice 16 fl. oz., selected varieties



6.99 Lakewood Organic Juice 32 fl. oz., selected varieties

## Breakfast staples are at your co-op.



Westbrae Organic Beans 15 oz., selected varieties



**4/\$6** Annie's Mac & Cheese 5.25-6 oz., selected varieties





Dr. McDougall's Soup Cups 1.3-3.4 oz., selected varieties



2.29

Siete Taco Seasoning 1.31 oz., selected varieties





Essentia Ionized Water 50.7 fl. oz.





2/\$6

Wild Planet Skipjack Tuna 5 oz., selected varieties



4/\$7

Mike's Mighty Good Ramen Soup Packs or Cups 1.6-2.4 oz., selected varieties





3.69

Jovial Organic Brown Rice Pasta 12 oz., selected varieties



Annie's Organic Dressings 8 fl. oz., selected varieties



**Once Again** 

Organic Sesame Tahini 16 oz., selected varieties



10.99

Nutiva Organic Fair Trade Virgin Coconut Oil 23 fl. oz.

## Find great variety at your co-op.







Blue Diamond Nut Thins 4.25 oz., selected varieties



5.49

Zevia Zero Sugar Soda 6 pk.-12 fl. oz. cans, selected varieties





The Ginger People Ginger Chews 3 oz., selected varieties



2/\$6 Wasa Crispbreads 4.9-9.7 oz., selected varieties





Hippeas Chickpea Puffs 4 oz., selected varieties





2/\$7 Annie's Organic Cheddar Cheesy Puffs 4 oz.



2/\$9 Annie's Organic Fruit Snacks 7 oz., selected varieties







Vegetable Chips 5-6 oz., selected varieties



HOP WTR Sparkling Water 6 pk.-12 fl. oz. cans, selected varieties



Ultima Replenisher Electrolyte Drink Mix 3.2-3.8 oz., selected varieties

## Check out the snacks and beverages at your co-op.

#### **INCLUSIVE TRADE PARTNER**

Wishgarden Herbs is a woman-owned company. We source organic and sustainable herbs from fair trade and family-owned farms.

5.99



#### Wishgarden Herbs Kick-Ass Immune Activator 2 fl. oz.

## extra-strength turmeric supplement-

Our top-selling turmeric supplement supports your body's healthy inflammation response. It delivers 475 mg of curcuminoids per serving and includes BioPerine® black pepper extract to enhance curcuminoid absorption.



Megafood Turmeric Curcumin Extra Strength 60 ct.





11.99

Organic India Psyllium Whole Husk Fiber 12 oz.



21.99

Country Life Coenzyme B-Complex 120 ct.





Ancient Nutrition Multi Collagen Protein Powder 14.6-17 oz., selected varieties



## award-winning omega-3s

Ultimate Omega® is the top-selling fish oil in the U.S., with premium omega-3s that are always pure, exceptionally fresh and powerful enough to support health from head to toe.







**Nordic Naturals** 

Ultimate Omega 180 ct. **Z Jarrow Formulas Saccharomyces Boulardii + MOS** 90 ct.

## Your co-op has what you need for winter wellness.

grocery.coop



We have one simple mission: to make clean beauty products accessible. Through ongoing product development and rigorous clinical trials, we've developed skincare, haircare and body care that's efficacious for the skin while being gentle on the planet.





9.99 Acure

DAY CREAM

Day Cream

Disme de Jour

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Uff az (50 ml)

Brightening Day Cream 1.7 oz.

Acure Brightening **Facial Scrub** 4 fl. oz.

5.99

6.99

ACURE

SERIOUSLY SOOTHING

LOTION"

24hr MOISTURE

Body Lotion Lotion Pour Le Corps

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NOTS VEGAN, SIL PRETENTIONS Parament Real, Suitable Tran. Minemal and have, Restrongener From, Formalitations Trans, Crossilly Intel<sup>®</sup>

Star (Die mi)

Acure **Seriously Soothing** 24hr Moisture Lotion 8 fl. oz.



2/\$10

Acure Shampoo or Conditioner 8 fl. oz., selected varieties





2.99 The Humble Co.

Floss Picks 50 ct., selected varieties



6.49 Sukin Shampoo or Conditioner 16.9 fl. oz., selected varieties



piobased bowerful lean Seventh Generation is

effective, not despite being bio-based ... but because it's bio-based. That's the power of Seventh Generation.





**Seventh Generation** Liquid Laundry Detergent 23.1-90 fl. oz., selected varieties

## Gentle and refreshing products at your co-op.

#### Shop for fresh, delicious, local food at a co-op near you.

#### ALASKA

Co-op Market Grocery & Deli

#### ARIZONA

Food Conspiracy Co-op

#### CALIFORNIA

BriarPatch Food Co-op Chico Natural Foods Cooperative Co-opportunity Market Davis Food Co-op Feather River Food Co-op Isla Vista Food Co-op North Coast Co-op Ocean Beach People's Organic Food Co-op Placerville Food Co-op Sacramento Natural Foods Co-op

#### NEVADA

Great Basin Community Co-op

#### OREGON

Alberta Cooperative Grocery Ashland Food Co-op Astoria Co+op Coos Head Food Co-op First Alternative Co-op Medford Food Co-op People's Food Co-op

#### WASHINGTON

Central Co-op Community Food Co-op Main Market Co-op Olympia Food Co-op Orcas Food Co-op **Cop deals**. Download the App!



Ukiah Natural Foods Co-op

#### IDAHO

Boise Co-op

Moscow Food Co-op

MONTANA

Community Food Co-op

Skagit Valley Food Co-op Sno-Isle Food Co-op The Food Co-op



Already an app user? Be sure to update to the latest version on the Apple App or Google Play store.

## 100% clean,( 100% delicious

#### **INCLUSIVE TRADE PARTNER**

GoMacro is a woman-owned company. Our MacroBars® are delicious, nutritious protein bars made from simple, sustainably sourced ingredients. All GoMacro products are certified organic, vegan, gluten-free, kosher, non-





## 2/\$6

Vive Organic Wellness Shots 2 fl. oz., selected varieties

#### GMO, C.L.E.A.N. and soy-free.



#### Gomacro Organic Macrobars

2-2.4 oz., selected varieties



**ZI DO** Rebbl Organic Functional Beverages 12 fl. oz., selected varieties

