

# coop deals

DEC 18 - DEC 31, 2024

*a key ingredient*

## SMOOTH AND DELICIOUS

Entertaining family and friends? The co-op has plenty of delicious options to enhance your next gathering. Find great sales on your favorite brands — including Kerrygold Pure Irish Butter, which is perfect for baked goods and savory treats for all your winter get-togethers.



COOPERATIVELY OWNED



**3.99**

Kerrygold  
Pure Irish Butter  
8 oz., selected varieties



**2/\$7**

Q Mixers  
Drink Mixers  
4 pk.-7.5 fl. oz. cans,  
selected varieties



**4.49**

Quinn  
Filled Pretzel  
Nuggets  
5-7 oz., selected varieties



**4.49**

Tony's Chokolony  
Chocolate Bars  
6.35 oz., selected varieties



The co-op has everything for entertaining all season long.  
**Share the joy and deliciousness.**





**2.99**

**Wildwood Organic Sprouted Tofu**  
14 oz., selected varieties



*lactose-free deliciousness*

Organic real dairy cream cheese, with all the richness and versatility but none of the lactose! Perfect for your favorite holiday recipes, from creamy dips and appetizers to mouth-watering desserts.



**3.99**

**Green Valley Organic Lactose-free Cream Cheese**  
8 oz., selected varieties



**4.99**

**Mt Vikos Feta Cheese**  
6 oz., selected varieties



Make it your way with the ingredients you love.  
**Enjoy the savory flavors.**

*award-winning innovation*

Pourable Plant Milk Mozzarella is the secret to perfectly melty, cheesy pizza. Crafted from organic cultured cashew milk to give you a cheesy layer that bubbles, browns and tastes delicious.

**4.99**

**Miyoko's Creamery Organic Pourable Plant Milk Mozzarella**  
16 oz.



**5.99**

**Wildbrine Organic Sauerkraut**  
18 oz., selected varieties



**7.49**

**Bubbies Sauerkraut**  
25 fl. oz.

**Find dairy and dairy-free options at the co-op.**



*cheesy organic options*

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**Organic Valley's** Shredded Parmesan, Raw Cheddars, 3 Cheese Mexican Blend and 3 Cheese Italian Blend make great options for grilled cheese, pastas or even a midnight snack straight out of the package (we won't tell).



**4.49**  
Organic Valley Shredded Cheese  
6 oz., selected varieties



**4.49**  
Organic Valley Parmesan Cheese  
4 oz., selected varieties



**5.49**  
Organic Valley Raw Block Cheese  
8 oz., selected varieties



**2/\$5**  
Health-Ade Organic Kombucha  
16 fl. oz., selected varieties



**5.49**  
Immaculate Organic Cinnamon Rolls  
17.5 oz.



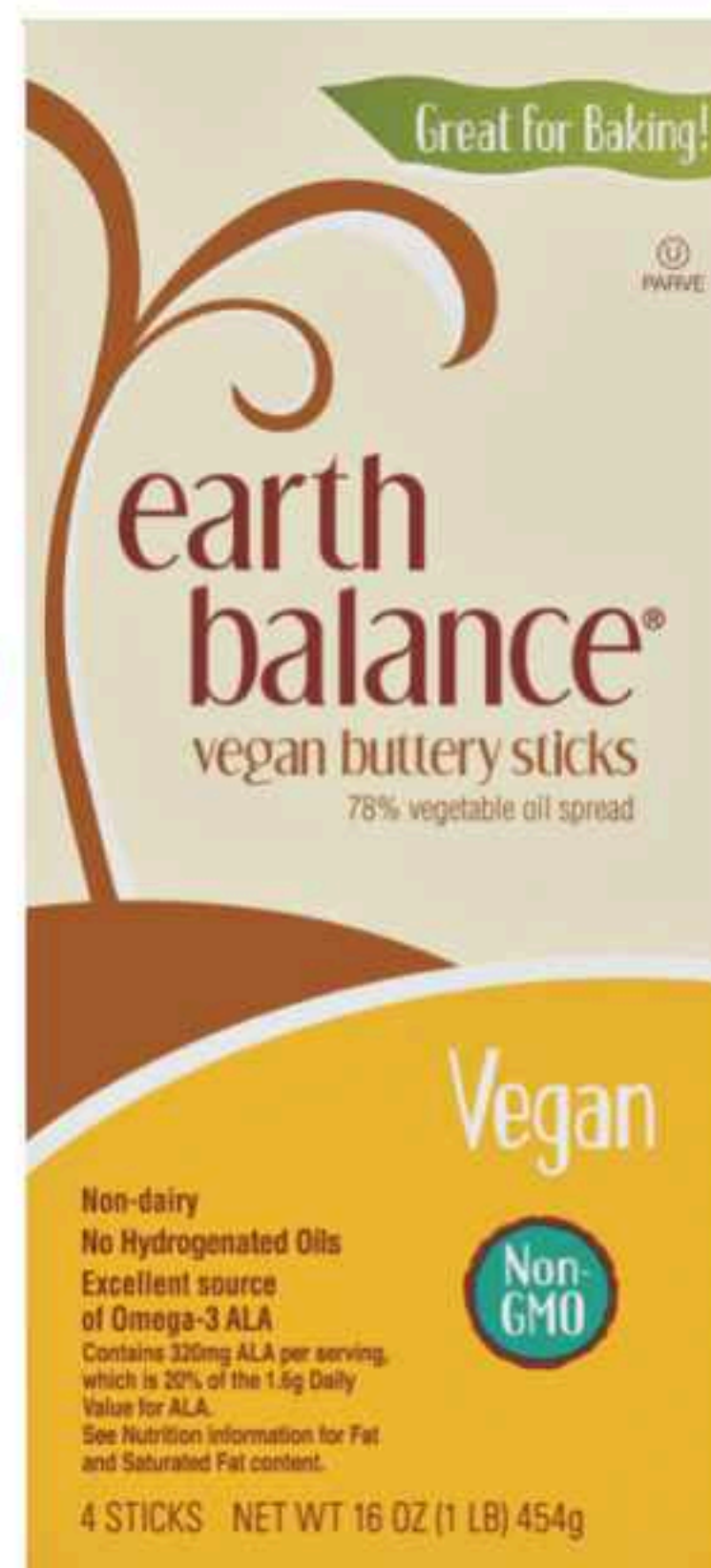
**7.49**  
Straus Family Creamery Organic Greek Yogurt  
32 oz., selected varieties

*great buttery taste*

Earth Balance Vegan Buttery Sticks has made its name as the ultimate toast topper and a crucial part to non-dairy baking. It's creamy, rich and buttery.

**4.99**

**Earth Balance Buttery Spread or Sticks**  
13-16 oz., selected varieties



**4.99**

**Talenti**  
Gelato or Sorbetto  
1 pt., selected varieties

**Find refreshing selections at the co-op.**

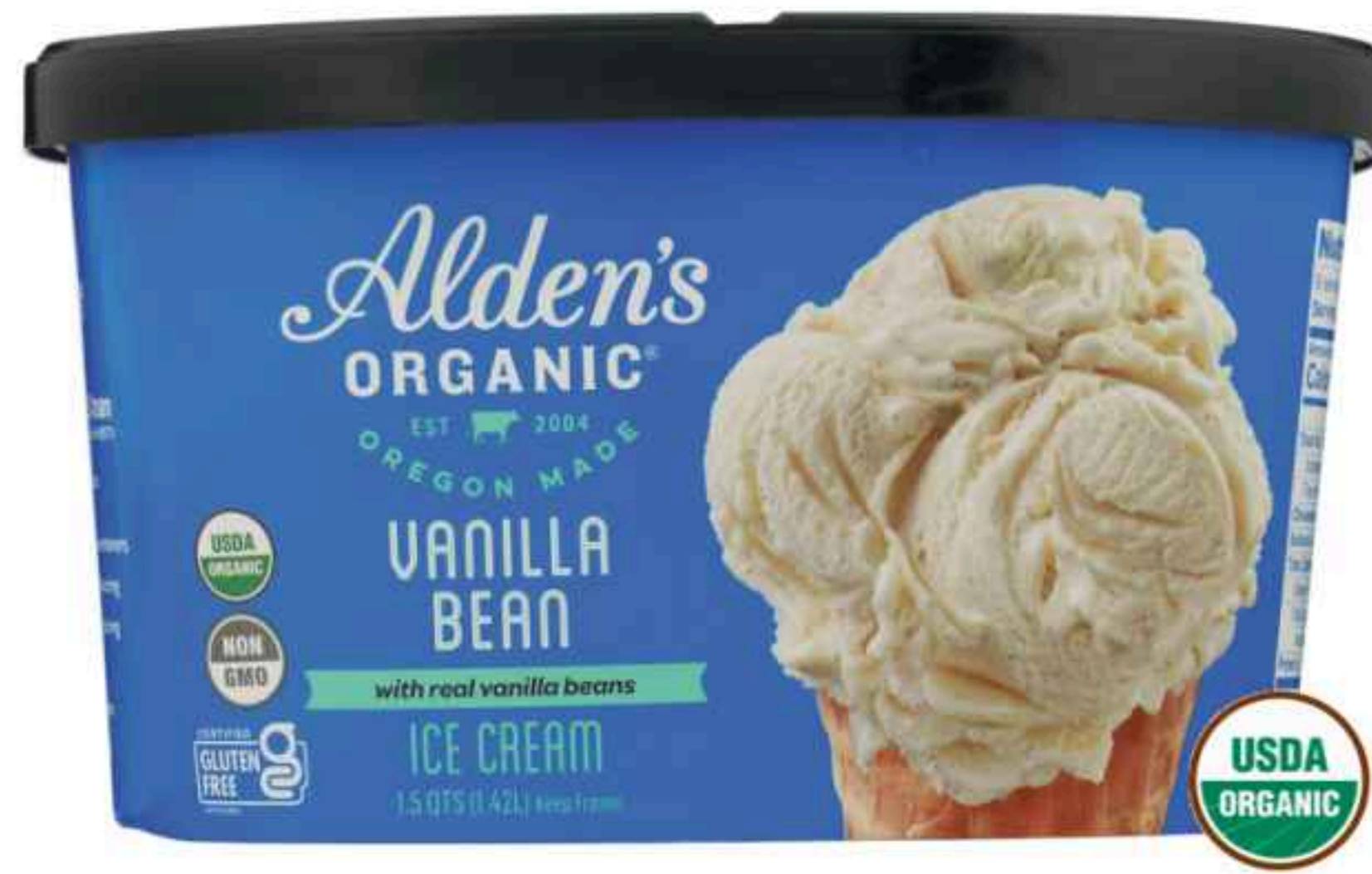


**INCLUSIVE TRADE PARTNER**

Tucson Tamale started with a large Mexican-American family tradition that turned into award-winning tamales.



**5.49** Tucson Tamale Tamales  
10-11 oz., selected varieties



*a scoop above*

Transform your holiday pies with a scoop of Alden's Organic Vanilla Bean, the perfect way to celebrate the season!

**8.99**

**Alden's Organic Ice Cream**  
1.5 qts., selected varieties



**4.69**  
**Alexia Frozen Potatoes**  
15-19 oz., selected varieties



**4.99**  
**Udi's Gluten Free Bread or Bagels**  
8.5-14.3 oz., selected varieties



*a taste of Italy*

Made with a premium taste and unique ingredients, Woodstock Frozen Pastas are plant-based meal solutions that are ready in minutes and will make cooking delicious meals at home feel effortless.

**7.99** **Woodstock Organic Filled Pasta**  
20 oz., selected varieties

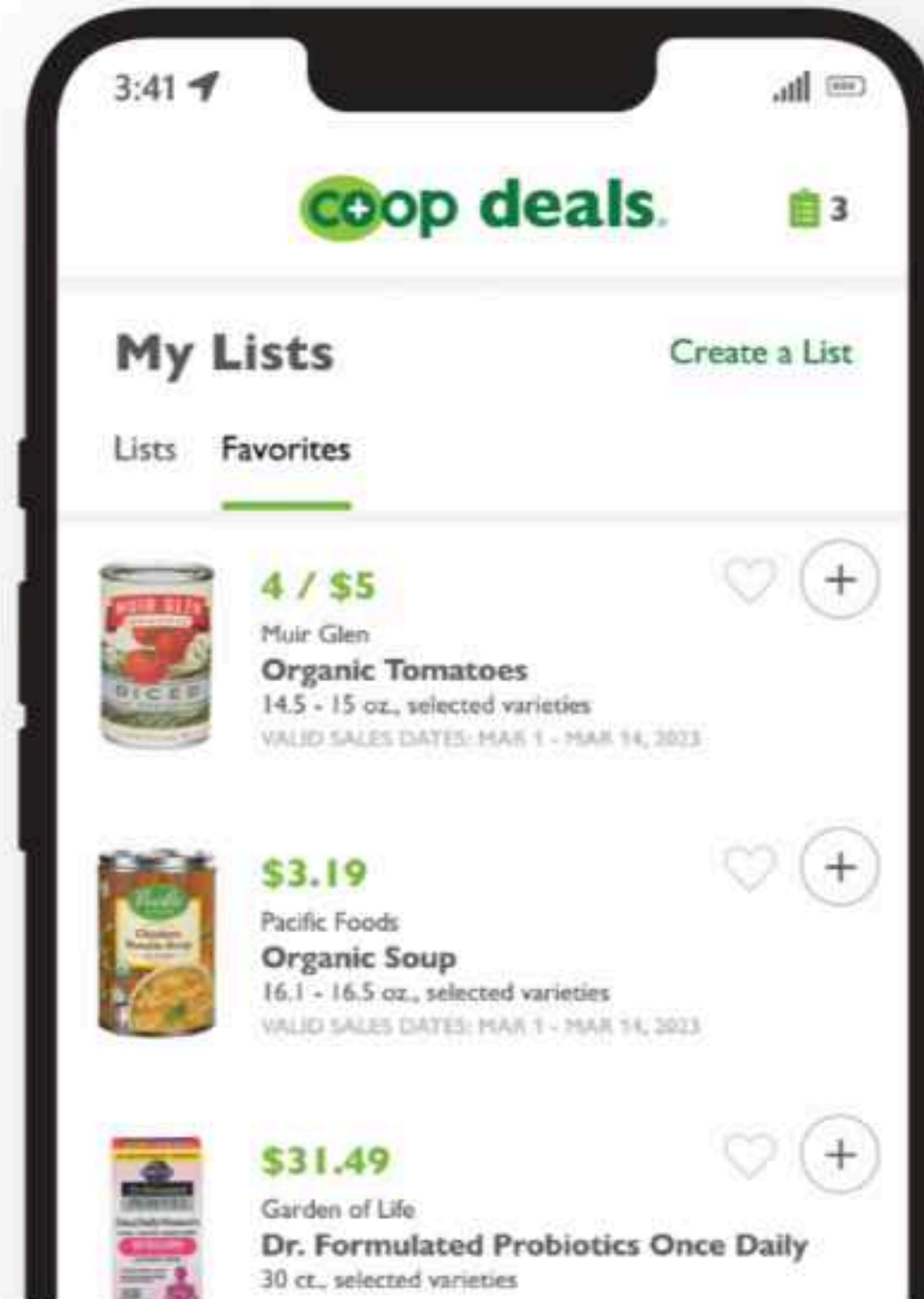
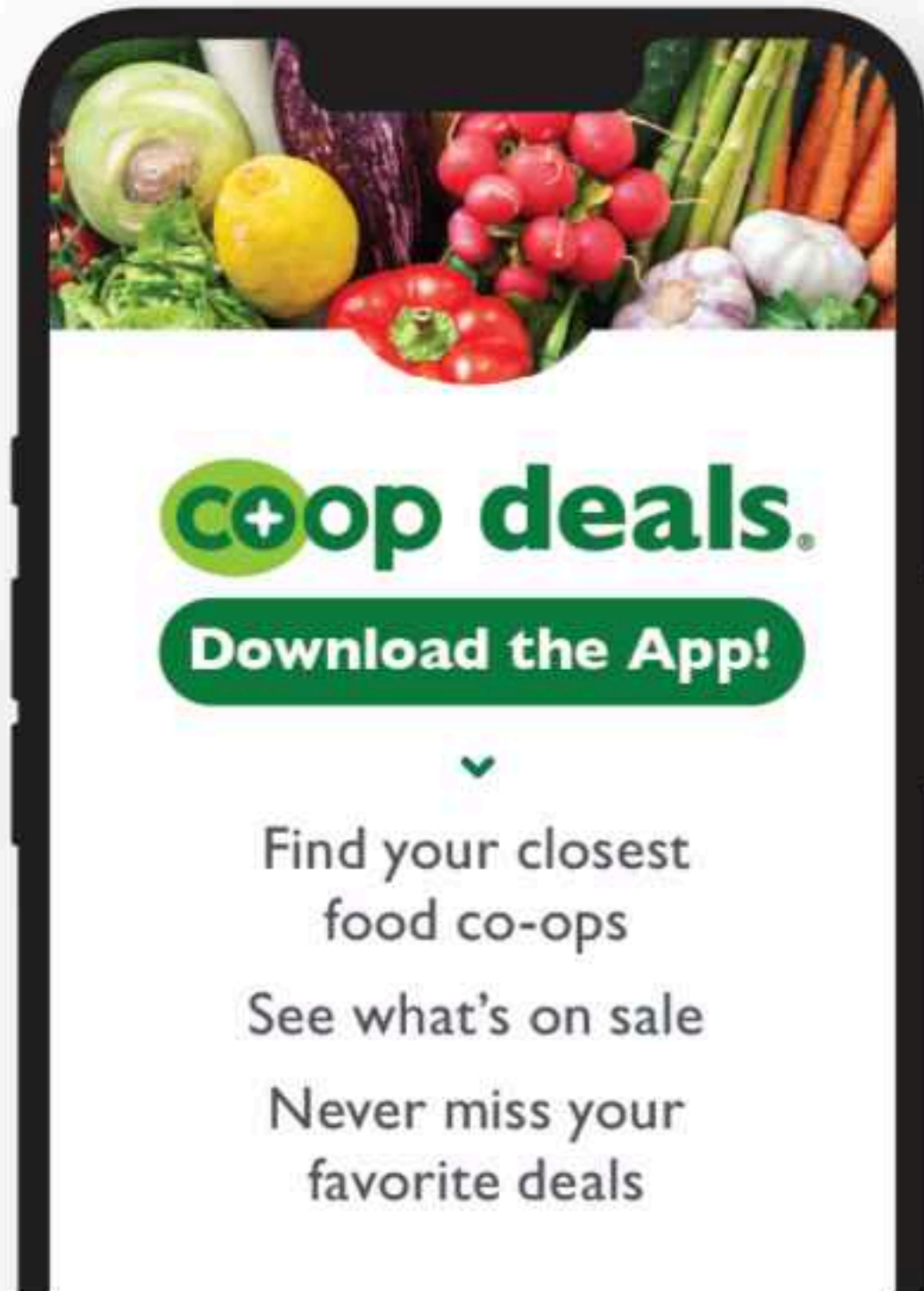


Already an app user? Be sure to update to the latest version on the Apple App or Google Play store.

**Stock the freezer with deals from the co-op.**



# Never miss your **favorite deals**



Already an app user? Be sure to update to the latest version on the Apple App or Google Play store.



Find out what's on sale at the co-op.  
**Download the app!**



**16.99**  
Spectrum  
Organic Extra Virgin  
Olive Oil  
25.4 fl. oz.



**3.79**  
Pacific Foods  
Organic Broth  
32 fl. oz., selected  
varieties



**4.49**  
Lotus Foods  
Organic  
Forbidden Rice  
15 oz.

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**6.99**  
Frontier Co-op  
Spicy Black Bean  
Soup Mix  
7.9 oz.



**7.99**  
Lucini Italia  
Organic Pasta  
Sauce  
24 oz., selected varieties

**Never miss a deal with the Co+op Deals app.**





**2/\$7**

Pacific Foods Organic Oat Beverage  
32 fl. oz., selected varieties



**2/\$7**

Choice Organics Tea  
16 ct., selected varieties



**2/\$9**

Mom's Best Cereal  
17.5-24 oz., selected varieties



**5.39**

Nature's Path Organic Flour  
32 oz., selected varieties



**5.99**

Enjoy Life Baking Chocolate  
9-10 oz., selected varieties

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**8.49**

Simply Organic Vanilla Extract  
2 fl. oz.

*share homemade holiday goodness*

Good ingredients make good times! Bring everyone together with delicious homemade treats made with our premium baking flours and whole grain oats. **Bob's Red Mill's** quality ingredients are your key to irresistible treats that bring holiday spirit to your table.



**6.49**

Bob's Red Mill Gluten-free Rolled Oats  
32 oz., selected varieties



**6.99**

Bob's Red Mill Organic Gluten-free Old Fashioned Rolled Oats  
32 oz.



**6.49**

Bob's Red Mill Organic Flour  
5 lbs., selected varieties



**8.49**

Bob's Red Mill Super-fine Almond Flour  
16 oz.

**The co-op has all your baking ingredients.**





**3.79**  
Equal Exchange  
Organic  
Chocolate Bars  
2.8-3.5 oz., selected  
varieties



**7.99**  
Equal Exchange  
Organic Baking  
or Hot Cocoa  
8-12 oz., selected  
varieties



**2/\$7**  
Equal Exchange  
Organic Tea  
20 ct., selected varieties



**9.99**  
Equal Exchange  
Organic Coffee  
10-12 oz., selected varieties



COOPERATIVELY OWNED

*sustainably sourced,  
expertly roasted*

From farmer co-ops to **Equal Exchange's** worker-owned co-op to your community co-op. We are committed to sourcing from democratically organized cooperatives that grow coffee with care for surrounding ecosystems, and to supporting long-term partnerships that keep small family farms thriving!



**3.79**  
Lakewood  
Organic Pure  
Lemon or Lime  
Juice  
12.5 fl. oz., selected  
varieties



**4/\$7**  
Earth's Best  
Organic Baby Food Pouch  
3.5-4.2 oz., selected varieties



**5.49**  
Numi  
Organic Tea  
12-18 ct., selected varieties



**2/\$9**  
R.W. Knudsen  
Sparkling Juice  
Drink  
25.4 fl. oz., selected  
varieties

*scoop up the savings in bulk!*



**2.49**  
Organic Yellow  
Popcorn  
per pound in bulk



**4.49**  
Organic Pitted  
Deglet Dates  
per pound in bulk



**7.79**  
Organic  
Roasted &  
Salted  
Pistachios  
per pound in bulk

**The co-op makes holiday entertaining easy.**





get the recipe

**EGGNOG CINNAMON ROLLS**

Holiday time is eggnog season! In these pillowy rolls, eggnog replaces milk for an even richer, slightly denser result. Nutmeg gives the filling the classic aroma of eggnog, and the walnuts add a little crunch.



**2/\$4**  
 Little Secrets  
 Crispy Wafers  
 1.4 oz., selected  
 varieties



**2/\$5**  
 The Ginger  
 People  
 Ginger Chews  
 3 oz., selected varieties



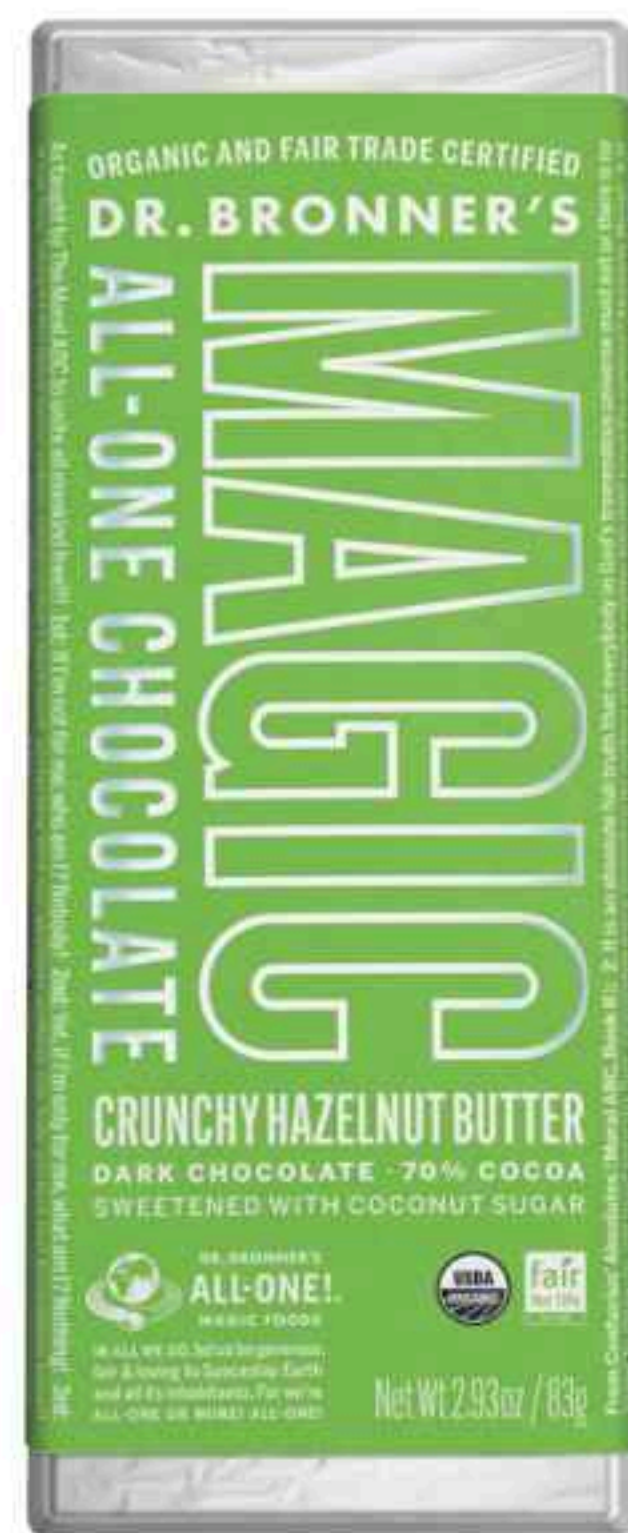
**2/\$7**  
 Alter Eco  
 Organic  
 Chocolate Bars  
 2.65-2.96 oz., selected  
 varieties

taste the magic

Dr. Bronner's Magic All-One Chocolate pairs Regenerative Organic Certified® ingredients with world-class Swiss chocolatiers. Discover Cool Peppermint Cream & Crunchy Hazelnut Butter — vegan, organic, 70% dark chocolate!

**2/\$6**

Dr. Bronner's  
 Organic Chocolate Bars  
 2.93-3 oz., selected varieties



Find great holiday recipes at [grocery.coop](https://grocery.coop).





**3.29**

From the Ground Up  
Cauliflower Crackers  
3.5-4 oz., selected varieties



**4.49**

Kettle Brand  
Potato Chips  
11.25-13 oz., selected  
varieties



*authentic gourmet  
Mexican salsa*

Frontera is inspired by the vibrant flavors across Mexico. Our salsas are made using produce from local Mexican farms, adding a heightened level of authenticity to deliver the bold flavors you crave.

**2/\$8**

**Frontera  
Salsa**  
16 oz., selected varieties



Hosting parties is easier with great products from the co-op.

**Yummy snacking essentials.**

*organic and gluten-free*



Our crunchy crackers are made with brown rice, quinoa, flax and sesame seeds. The texture is delicious and has toasty flavors. Try our gluten-free, plant-based and organic crackers today!

**3.49**

**Mary's Gone Crackers  
Organic Crackers**  
4.25-6.5 oz., selected varieties



**4.49**

**Garden of Eatin'  
Tortilla Chips**  
16 oz., selected varieties

**Shop the co-op for party favorites.**



**2/\$5**

**Preserve  
Adult  
Toothbrush**  
each, selected varieties



**INCLUSIVE TRADE PARTNER**

ECOS is a Black- and woman-owned company that believes everyone has a right to a healthy home. We create cleaning products that protect the health and wellness of people, pets and the planet.

**3.69**

**Ecos**  
**Liquid Dish Soap**  
25 fl. oz., selected varieties



**INCLUSIVE TRADE PARTNER**

Badger is a woman-owned company. We create organic body care products with nourishing nutrients.

**2/\$5**

**Badger**  
**Organic Lip Balm**  
.15 oz., selected varieties



**2/\$7**

**One With Nature  
Bar Soap**  
7 oz., selected varieties



**8.99**

**Hyland's Naturals  
Calms Forte  
Sleep Aid**  
100 ct.



**13.99**

**Natural Factors  
Organic Oil of  
Oregano**  
1 fl. oz.



*revitalize your hair*

Avalon Organics Nourishing Lavender Shampoo and Conditioner work to cleanse every strand of hair leaving it soft, smooth and shiny. Reduces split ends by up to 80%.

**7.99**

**Avalon Organics  
Shampoo or Conditioner**  
11 fl. oz., selected varieties

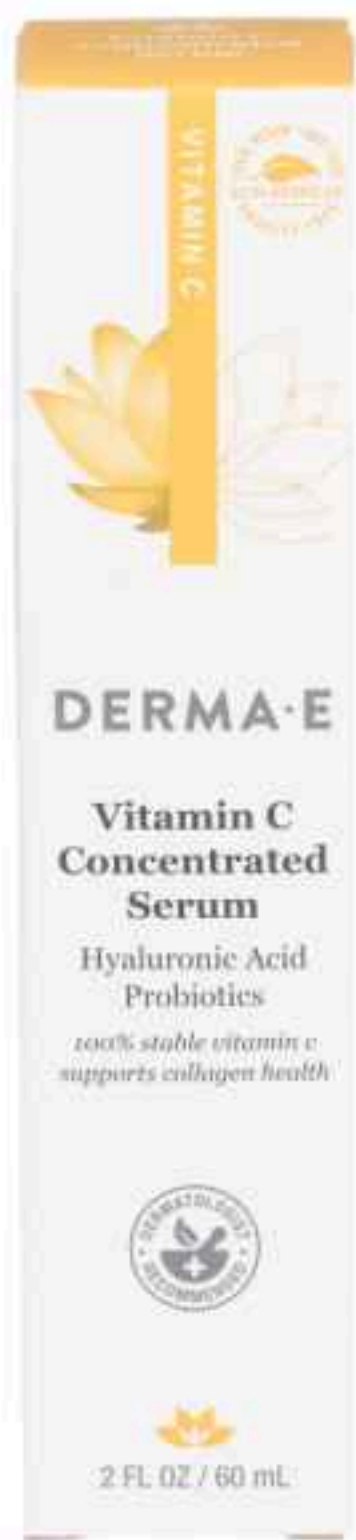


**32.99**

**Garden of Life  
Women's Once  
Daily Probiotics**  
30 ct.

**The co-op has the products you trust.**





**19.99**

**Derma E  
Vitamin C  
Concentrated  
Serum**  
2 fl. oz.



*push for the planet*

An eco-friendly option your lips will savor! Organic, vegan, non-GMO, cruelty-free and sustainably packaged. Available in three amazing varieties. "Spread the Love" with every application!

**2/\$8**

**Booda Organics  
Eco Balm**  
.3 oz., selected varieties



**12.99**

**Bass  
Large Square Paddle  
Hairbrush**  
each



**9.49**

**Now  
Lavender  
Essential Oil**  
1 fl. oz.

*pure-castile bar soap*



Soft, smooth lather moisturizes face-body-hands-hair! Organic, nutrient-rich, U.S.-grown hemp seed oil nourishes skin. Plant-based and biodegradable, made with certified organic oils, wrapped in post-consumer recycled (PCR) paper, cleans body-mind-soul!



**2/\$7**

**Dr. Bronner's  
Pure Castile Bar Soap**  
5 oz., selected varieties

**9.99**

**Shikai  
Borage Therapy Lotion**  
8 fl. oz., selected varieties

**The co-op helps you feel your best this winter.**



**Shop for fresh, delicious, local food at a co-op near you.**

**ALASKA**

Co-op Market Grocery & Deli

**ARIZONA**

Food Conspiracy Co-op

**CALIFORNIA**

- BriarPatch Food Co-op
- Chico Natural Foods Cooperative
- Co-opportunity Market
- Davis Food Co-op
- Feather River Food Co-op
- Isla Vista Food Co-op
- North Coast Co-op
- Ocean Beach People's Organic Food Co-op
- Placerville Food Co-op
- Sacramento Natural Foods Co-op
- SLO Food Co-op
- Ukiah Natural Foods Co-op

**IDAHO**

- Boise Co-op
- Moscow Food Co-op

**MONTANA**

Community Food Co-op

**NEVADA**

Great Basin Community Co-op

**OREGON**

- Alberta Cooperative Grocery
- Ashland Food Co-op
- Astoria Co+op
- Coos Head Food Co-op
- First Alternative Co-op
- Medford Food Co-op
- People's Food Co-op

**WASHINGTON**

- Central Co-op
- Community Food Co-op
- Main Market Co-op
- Olympia Food Co-op
- Orcas Food Co-op
- Skagit Valley Food Co-op
- Sno-Isle Food Co-op
- The Food Co-op

**coop deals.**

**Download the App!**



*See what's on sale with the Co+op Deals app!*

Already an app user? Be sure to update to the latest version on the Apple App or Google Play store.



*'tis the treat season*

Justin's crafts USDA-certified organic chocolate treats, including a variety of nut butter cups and chocolate candy pieces in single-serve and multi-serve package options to satisfy any holiday sweet treat craving.

**4/\$7**

**Justin's Organic Nut Butter Cups**  
1.4 oz., selected varieties



Scan the QR code to learn more about the quality and values represented by these symbols.



Some items may not be available at all stores or on the same days.

PWNW1224B

