

# coop deals

JUN 19 - JUL 2, 2024

*just add ice*

Summer is hot, but Santa Cruz Organic Lemonade is sweet and cool, and it's on sale at the co-op now. Enjoy as is, or mix into a refreshing mocktail with frozen berries or fresh mint.



**2/\$5**

**Santa Cruz Organic  
Lemonade or  
Limeade**

32 fl. oz., selected varieties



**2/\$3**

**Annie's  
Mac & Cheese**  
5.25-6 oz.,  
selected varieties



**2/\$6**

**Back to Nature  
Crackers**  
4-8.5 oz.,  
selected varieties



**2/\$7**

**Que Pasa  
Organic Tortilla  
Chips**  
10-11 oz.,  
selected varieties



**3.99**

**Q Mixers  
Drink Mixers**  
4 pk.-7.5 fl. oz. cans,  
selected varieties



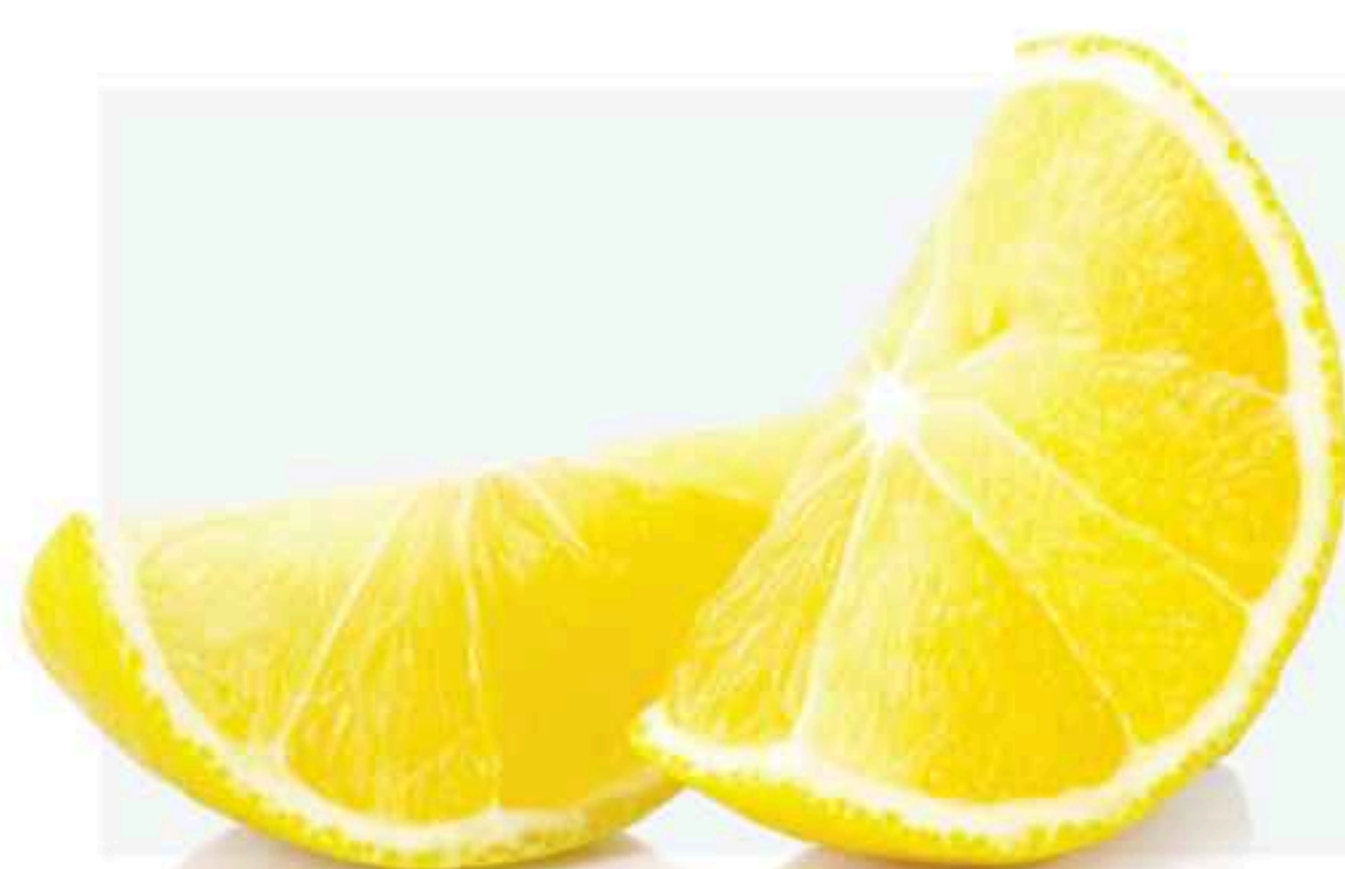
**4.99**

**Applegate  
Natural Hot Dogs**  
10 oz., selected varieties



**5.49**

**Bragg  
Organic Apple  
Cider Vinegar**  
32 fl. oz.



Beat the heat with deals from the co-op.

**Refreshing summer moments.**




Buy One, Get One

FREE

Deals at the Co-op!

Welcome to BOGO (buy one, get one FREE) deals!  
You'll find savings on products you love from brands you trust in departments across the co-op. Look for the BOGO deals signs throughout the store.

BOGO



BOGO


USDA ORGANIC

Buy One, Get One

FREE

Cascadian Farm Organic Cereal

8.6-15 oz., selected varieties



BOGO

USDA ORGANIC


Buy One, Get One

FREE

Annie's Organic Bunny Fruit Snacks

7 oz., selected varieties

COOPERATIVELY OWNED



BOGO

ccop

Buy One, Get One

FREE

Blue Diamond Nut Thins

4.25 oz., selected varieties

BOGO deals for outdoor fun are at the co-op.

Some items may not be available at all stores or on the same days





grillin'  
and chillin'

**BOGOs FOR YOUR BBQ**

Stock up on these delicious summer staples and get your BBQ started! All these BOGO deals at the co-op are sure to be a hit at your next gathering. Find snacks, burgers, beverages and frozen treats for a fun summer bash.



Buy One, Get One

**FREE**

Beyond Meat  
Plant-based Burger  
Patties  
8 oz.



Buy One, Get One

**FREE**

C2O  
Coconut Water  
17.5 fl. oz., selected varieties



Buy One, Get One

**FREE**

Cosmic Bliss  
Organic Frozen  
Dessert  
14 fl. oz., selected varieties



Buy One, Get One

**FREE**

Bizzy  
Organic Cold Brew  
Coffee  
48 fl. oz., selected varieties

**The co-op has buy one, get one free deals!**

Some items may not be available at all stores or on the same days





**3.79**  
Green Valley  
Organic Lactose-free  
Cream Cheese  
8 oz.

COOPERATIVELY OWNED



**4.99**  
Organic Valley  
Large Free-range  
Brown Eggs  
1 doz.



**4.99**  
Violife  
Just Like Feta  
8 oz.



**2.19**  
Redwood Hill  
Farm  
Goat Milk Yogurt  
6 oz., selected varieties



**3.79**  
Kite Hill  
Dairy-free Dip  
8 oz., selected varieties



*plain and simple*

Fage is made with only milk and live active yogurt cultures. Packed with so much protein, there's no room for added sugar. Fage Total 5% is whole milk Greek yogurt that's unbelievably thick and creamy.

**2.99**  
Fage  
Greek Yogurt  
16 oz., selected varieties

COOPERATIVELY OWNED



**5.79**  
Organic Valley  
Grassmilk  
64 fl. oz., selected varieties

**Check out the great options at the co-op.**

Some items may not be available at all stores or on the same days





2/\$7

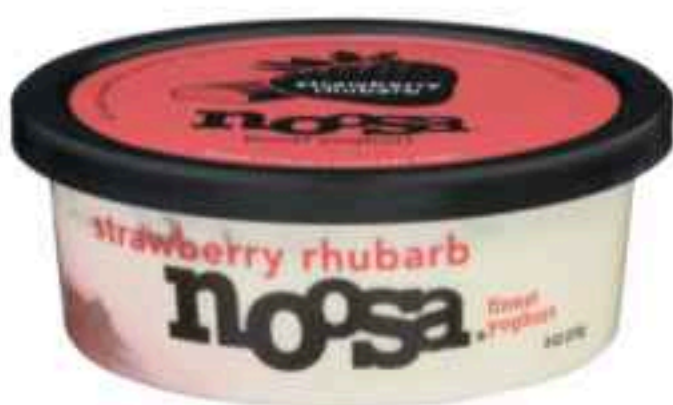
Koia  
Plant-based Protein  
Drink  
12 fl. oz., selected varieties

Never miss your  
**favorite deals**

**co+op deals.**  
Download the App!

Find your closest food co-ops  
See what's on sale  
Never miss your favorite deals

Scan the QR codes to download the Co+op Deals app!



2/\$4

Noosa  
Yoghurt  
8 oz., selected varieties



3.49

Califia Farms  
Better Half  
Unsweetened Coconut  
Cream & Almondmilk  
16.9 fl. oz.



5.49

Maple Hill  
Organic Grass-fed  
Kefir  
32 oz., selected varieties



*delicious done right*

Good Culture Organic Cottage Cheese is deliciously thick and creamy, packed with protein, and contains no added sugar so you can feel good about a nutritious snack.

4.99

Good Culture  
Organic Cottage Cheese  
15-16 oz., selected varieties



4.99

Miyoko's Creamery  
Organic Plant Milk  
Cheese Spread  
8 oz., selected varieties

Never miss a deal with the Co+op Deals app.

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organic indulgence

Crafted in Eugene, Ore., since 2004, **Alden's** Organic lineup offers classic to dairy-free options, including our NEW Greek Yogurt Bars and Orange Cream Frozen Dessert, all proudly certified organic. Our commitment to quality knows no bounds, delivering incredible products while championing a better planet.

- 4.99

Alden's Organic Frozen Novelties  
9-14 fl. oz.,  
selected varieties
- 6.49

Alden's Organic Frozen Novelties  
14-21.9 fl. oz.,  
selected varieties
- 8.99

Alden's Organic Ice Cream or Frozen Dessert  
1.5 qts.,  
selected varieties



- 4.69
- Udi's Gluten Free Hot Dog Buns  
14.3 oz.



- 4.99
- So Delicious Dairy-free Frozen Novelties  
9.2-18.4 fl. oz., selected varieties



- 5.99
- Amy's Frozen Meals  
8.25-10.3 oz., selected varieties



- 10.99
- Against the Grain Pizza  
22.4-24 oz, selected varieties



- 11.99
- Wyman's Frozen Wild Blueberries  
3 lb.



pasture-raised cheddar

**COOPERATIVELY OWNED**  
Organic Valley's award-winning Raw Sharp Cheddar is aged to perfection for a delightful sharpness and buttery finish. Made with milk from pasture-raised cows, our Sharp Cheddar is classically delicious.

- 5.49
- Organic Valley Raw Block Cheese  
8 oz., selected varieties





3.69

Montebello  
Organic Pasta  
16 oz., selected varieties



sun kissed in the Mediterranean

Indulge in the taste of the Mediterranean with Woodstock Pickled Vegetables, Fruits and Olives. Tree-ripened olives, fire-roasted red peppers, sundried tomatoes and satisfyingly salty capers, all organically grown for a pure, vibrant flavor.

2/\$7

Woodstock  
Organic Olives  
8.4-8.5 oz., selected varieties



2/\$6

Safe Catch  
Elite Wild Tuna  
5 oz., selected varieties



7.49  
Tillen Farms  
Merry Maraschino  
Cherries  
13.5 oz.



good fats from  
avocado oil

Sensational on salads and magnificent as a marinade, Primal Kitchen dressings are crafted with real ingredients you can trust. No dairy, gluten or cane sugar — just delicious flavor without compromise.

5.49

Primal Kitchen  
Dressing or Marinade  
8 fl. oz., selected varieties



17.99

Spectrum  
Organic Extra Virgin  
Olive Oil  
25.4 fl. oz.

Get the ingredients you need at the co-op.

Some items may not be available at all stores or on the same days





2.79

Garden of Eatin'  
Tortilla Chips  
5.5 oz., selected varieties



4.99

Bonne Maman  
Jelly or Preserves  
13 oz., selected varieties



2/\$6

Good Health  
Potato Chips  
5 oz., selected varieties

COOPERATIVELY OWNED



9.99

Equal Exchange  
Organic Coffee  
12 oz., selected varieties



vegetables made  
surprisingly delicious

TERRA® chips are a unique and sophisticated snacking experience. A vegan, non-GMO and gluten-free, chef-made creation created by slicing, seasoning and crisping tasty vegetables into a tasty snack.

2/\$7

Terra  
Vegetable Chips  
5-6 oz., selected varieties



scoop up the savings in bulk!



2.29

Organic  
Red Lentils  
per pound in bulk



2.79

Organic  
Thompson Raisins  
per pound in bulk



5.99

Organic  
Walnut Halves &  
Pieces  
per pound in bulk

Stock up in the bulk aisle at the co-op.





2/\$5

Endangered Species  
Chocolate Bars  
3 oz., selected varieties



2/\$7

Dandies  
Vegan Marshmallows  
10 oz., selected varieties



4.49

Annie's  
Organic Graham  
Crackers  
14.4 oz., selected varieties

s'more fun,  
s'more yum

Everything you need for a classic  
campfire treat, on sale at the co-op!



3/\$5

Liquid Death  
Sparkling Water  
19.2 fl. oz., selected  
varieties



4.99

Tate's Bake Shop  
Cookies  
7 oz., selected varieties



2/\$10

LaCroix  
Sparkling Water  
12 pk.-12 fl. oz., selected varieties



2/\$4

Harvest Snaps  
Green Pea Crisps  
3-3.3 oz., selected  
varieties



2/\$5

EPIC  
Meat Bars  
1.3-1.5 oz., selected  
varieties



4.99

Elmhurst  
Plant-based Milk  
32 fl. oz., selected  
varieties



COOPERATIVELY OWNED

9.99

Equal Exchange  
Organic Love Buzz  
Coffee  
per pound in bulk

The co-op has snacks to share with friends.

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**4.29**

Izze  
Sparkling Juice  
Drink

6 pk.-8.4 fl. oz. cans,  
selected varieties



**4.49**

R.W. Knudsen  
Organic Cranberry  
Juice Blends

32 fl. oz., selected varieties




*drink Yachak =  
plant trees*

We're committed to providing a purely natural and organic source of energy that helps protect the trees, communities and species of the Amazon rainforest. Each can sold supports Amazon Reforestation with the help of OneTreePlanted.

**2/\$4**

Yachak Organic  
Yerba Mate

16 fl. oz., selected varieties



Your favorite beverages are at the co-op.

**Beat the heat.**



*summer's most  
refreshing tea?*

Just Ice Tea's Peach Oolong from the creators of Honest Tea! Enjoy this real-brewed, just-sweet-enough oolong and black tea blend at only 60 calories. Fair Trade Certified.

**2.29**

Just Ice Tea  
Organic Tea

16 fl. oz., selected varieties

**INCLUSIVE TRADE PARTNER**

ALO Drink is an Asian-owned company. We source non-GMO aloe vera plants from sustainable farms in Thailand and provide rural communities with economic value.



**2/\$4**

Alo  
Aloe Vera Juice  
Drink

16.9 fl. oz., selected varieties

**The co-op has refreshing drinks for summer.**

Some items may not be available at all stores or on the same days



choose us,  
give back

We donate 10% of our profits in the form of funding and product donations to non-profit organizations that work in the areas of climate change and the environment, health and well-being, and disaster relief.



3.69  
Tom's of Maine  
Spearmint  
Antiplaque Floss  
32 yds.



5.49  
Tom's of Maine  
Mouthwash  
16 fl. oz.,  
selected varieties



5.99  
Tom's of Maine  
Peppermint  
Whole Care  
Toothpaste  
4 oz.



5.99  
Tom's of Maine  
Cinnamon Clove  
Whole Care  
Toothpaste  
4 oz.



6.49  
Spry  
Xylitol Gum  
100 ct., selected  
varieties



19.49  
Country Life  
Coenzyme B-Complex  
120 ct.



19.99  
Gaia Herbs  
Male Libido  
60 ct.



7.49  
Lakewood  
Organic Pure Aloe  
Juice or Gel  
32 fl. oz.,  
selected varieties



8.99  
Quantum  
SuperLysine+  
90 ct.



11.99  
Naturtint  
Hair Color  
5.75 fl. oz., selected  
varieties



15.99  
Kal  
Magnesium  
Glycinate 350  
160 ct.

Find all your supplements at the co-op.



Shop for fresh, delicious, local food at a co-op near you.

ALASKA

Co-op Market Grocery & Deli

ARIZONA

Food Conspiracy Co-op

CALIFORNIA

- BriarPatch Food Co-op
- Chico Natural Foods Cooperative
- Co-opportunity Market
- Davis Food Co-op
- Feather River Food Co-op
- Isla Vista Food Co-op
- North Coast Co-op
- Ocean Beach People's Organic Food Co-op
- Placerville Food Co-op
- Sacramento Natural Foods Co-op
- SLO Food Co-op
- Ukiah Natural Foods Co-op

IDAHO

- Boise Co-op
- Moscow Food Co-op

MONTANA

Community Food Co-op

NEVADA

Great Basin Community Co-op

OREGON

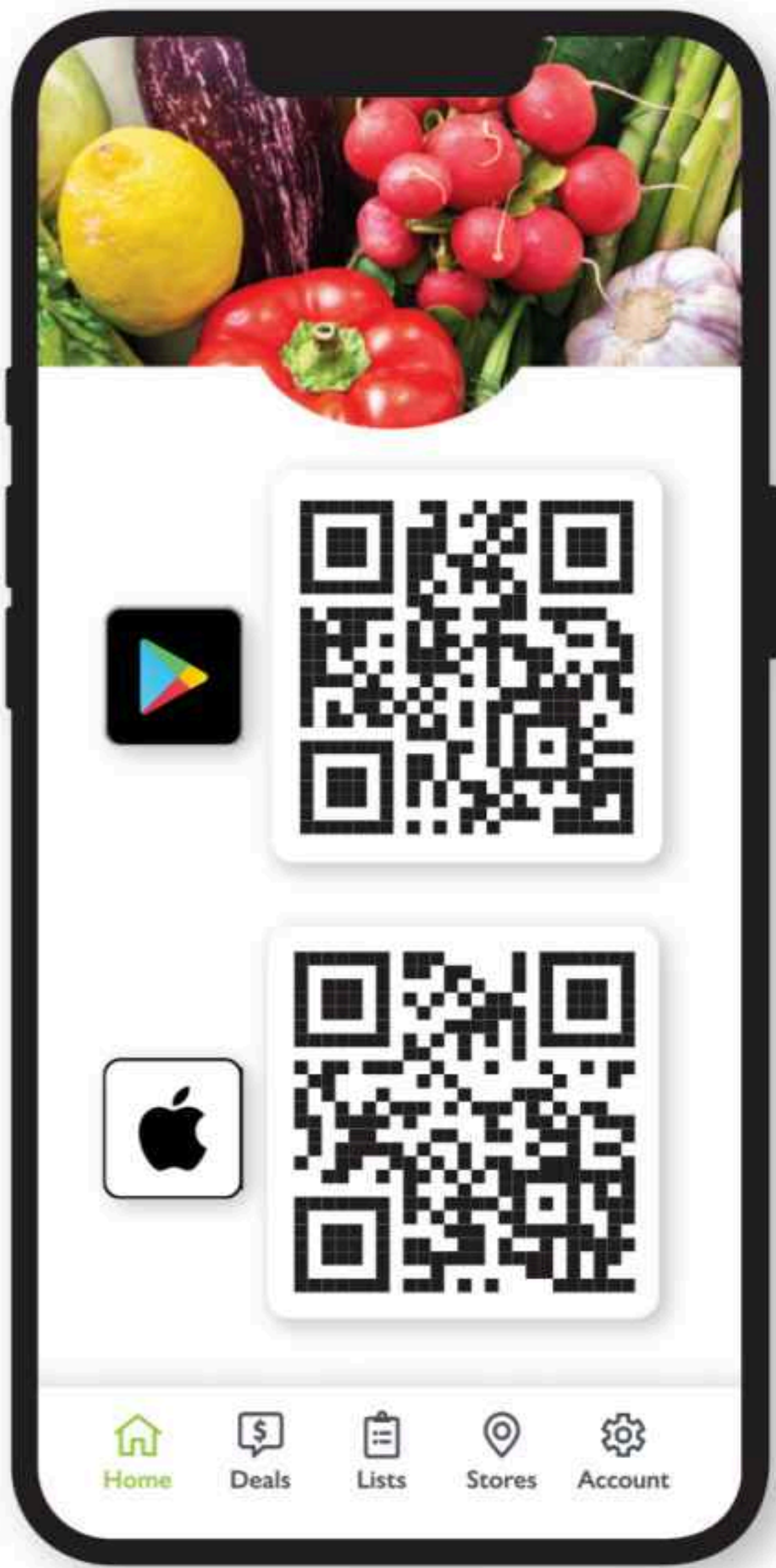
- Alberta Cooperative Grocery
- Ashland Food Co-op
- Astoria Co+op
- First Alternative Co-op
- Medford Food Co-op
- People's Food Co-op

WASHINGTON

- Central Co-op
- Community Food Co-op
- Main Market Co-op
- Olympia Food Co-op
- Orcas Food Co-op
- Skagit Valley Food Co-op
- Sno-Isle Food Co-op
- The Food Co-op

coop deals.

Download the App!



See what's on sale with the Co+op Deals app!



spoonful of goodness

INCLUSIVE TRADE PARTNER

GT's Living Foods is a family- and LGBTQIA+-owned business. Our delicious Cocoyo has two young Thai coconuts per jar, for a one-of-a-kind raw, fermented, nondairy, sensationally smooth coconut yogurt. Bursting with flavor and over 100 billion probiotics.

5.49

GT's  
Organic Cocoyo  
8 oz., selected varieties



INCLUSIVE TRADE PARTNER

Thunderbird is a Hispanic-owned company. We are inspired by athletes seeking real food for fuel. We offer incredible flavor and whole food ingredients.

2/\$4

Thunderbird  
Food Bars  
1.7 oz., selected varieties



Scan the QR code to learn more about the quality and values represented by these symbols.



Some items may not be available at all stores or on the same days.



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