

FRESH PRODUCE

Your only Southern Oregon Certified Organic Grocer



ORGANIC Persian Mini Cucumbers Mexico

SAVE \$2.00/lb



ORGANIC Crimini & White Mushrooms

Oregon & Canada

lb

SAVE \$2.50/lb



ORGANIC Shiitake & Portabella Mushrooms

Oregon & Canada

SAVE \$3.20-\$4.00/lb



USDA ORGAN

ORGANIC Asparagus California & Mexico

SAVE \$1.00/lb



ORGANIC Fuji Apples Washington

SAVE \$0.40/lb



ORGANIC Abate Fetel Pears Argentina

186 lb **SAVE \$1.13/lb**



ORGANIC Tango & Murcott Mandarins

California

SAVE \$1.70/lb



ORGANIC Midknight Valencias California

SAVE \$0.53/lb



Annie's Organic Macaroni & Cheese 6 oz.



Cascadian Farm Organic Cereal 9.5-14.6 oz.





Dr. McDougall's **Big Cup Ramen Soup** 1.8-3.4 oz.



Organic Valley Organic Sliced Cheese

Muenster • Provolone Baby Swiss • 6 oz.

SAVE \$1.60



Artisana Organics Organic Raw Virgin Coconut Oil

14 oz.

399

SAVE \$2.00





Blue Diamond Almond Breeze Almondmilk

64 oz.

SAVE \$1.20



Icelandic Provisions Skyr

5.3 oz.

SAVE \$0.70



Kettle Brand Potato Chips





Hail Merry Tarts

3 oz.

SAVE \$1.10



Organic Dark Red Kidney Beans

SAVE \$0.50/lb



Oregon **Meadowfoam Honey** Raw • Unfiltered



Cafe Mam Organic Bulk Coffee All Varieties

SAVE \$1.60/lb



Organic Turmeric **Root Powder**

SAVE \$5.00/lb



Earth Day BULK SALE



on Select Items in **Grocery and Wellness**

20% GEF



Plant Starts

20% OFF 4/19 to 4/21

coop deals

LAND & SEA

DIESTEL OVEN ROASTED

Diestel Turkey Ranch Sliced Turkey

Oven Roasted • Smoked • 6 oz.

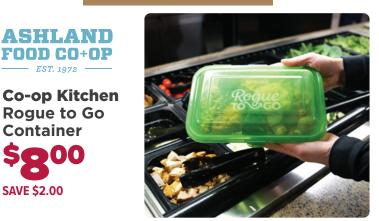
69

SAVE \$2.30



Beeler's **Hickory Smoked Bacon** 16 oz.

SAVE \$2.00 SAVE \$2.00



HOUSE-MADE

Beeler's **Boneless Pork Loin Chops**

SAVE \$2.00/lb



Organic Smart Chicken Boneless Skinless Breast

SAVE \$2.00/lb



ASHLAND FOOD CO+OP

Rogue to Go

Container

SO00

EST. 1972

Co-op Kitchen Made to Order Green Light Juice

16 oz.

CO+OP Basics

S**-7**45

SAVE \$1.50



WHAT IS CO+OP BASICS?

Co+op Basics includes over 300 pantry and household staples. From beef to milk to cereal, we've lowered the price on all these items to make organic, healthy food accessible to every shopper.



⊕op basi¢s

Emerald Hills Beef GRASSFED & GRASS FINISHED REEL

Emerald Hills Ground Beef

Not to Exceed 20% Fat Grass Fed

lb



⊙op⁻ basi¢s







Umpqua Organic Whole Milk 64 oz.



Wilcox Family Farms Omega-3 Large **Brown Eggs**



Wilderness Poets Organic Pasteurized Almonds



Field Day Organic Blueberries



Check out our 2023 Sustainability Report



SUSTAINABILITY REPORT



SCAN THE QR CODE FOR REPORT







Nuun Active Tri-Berry Sport Hydration • 10 tab

\$**5**⁷⁹

SAVE \$1.20



Alba Botanica Sheer Mineral Sunscreen

Fragrance Free • 5 oz.

\$**979**SAVE \$8.20



Barleans Flax Oil

Cold Press Fresh • 100 cap

\$4499

SAVE \$2.00

WELLNESS



Genexa

Acetaminophen Kids Cherry

Pain Reliever & Fever Reducer 4 oz.

\$**8**49

SAVE \$1.50







Wild Carrot Borage Butter Face Cream

For Sensitive Skin • 2 oz.

\$1599

SAVE \$5.50

BRUCE'S PICKS

Deschutes Brewing Non-Alcoholic Beer

6-Pack Cans

The classic malty Black Butte Porter has been recently joined by the non-alcoholic Fresh Squeezed IPA. As always, brewed in Bend.

\$4499



Quady North GSM Rosé

750 ml.

The benchmark for Southern Oregon Rose returns! The new 2023 vintage of the best selling wine at the Coop is super fresh, clean, dry, low alc (11.8%), with a perfumed/floral nose, and flavors of watermelon and strawberry.



